WHAT'S ON

5-11 March 2022

RED ALERT
THE TIMELY RETURN OF COLD WAR CLASSIC THE IPCRESS FILE

The Guardian

Specs saviour *Joe Cole as Harry Palmer in The Ipcress File*

John Hodge worried his reboot of 60s spy thriller The Ipcress File was seen as past it ... then it suddenly proved terribly topical. He tells **Mark Lawson** about bringing back the cockney 'anti-Bond'

'The threat of nuclear annihilation hasn't gone'

As the CIA and MI6 try to predict the next gambit of the unstable leader in the Kremlin, Britons flinch at reports of the possible use of nuclear weapons.

But this is 1962; Khrushchev not Putin. ITV's new adaptation of Len Deighton's cold war novel The Ipcress File - which was a 60s-defining movie starring Michael Caine as the working-class spy Harry Palmer - was meant to be a period piece for 2022 viewers. But the Russian president's invasion of Ukraine, and pointed reminders to the world about the size of his nuclear weapons, have given the Sunday night drama a new context.

"I thought I was writing history, but it turned out to be current affairs," says screenwriter John Hodge. "When you pitch a script, you're always asked: 'What's *relevant* about this? Why should we make it *now*?' And with The Ipcress File, there was a fear that this stuff was so long ago. Our line was actually always that, in the cold war, people were very much aware of the threat of nuclear annihilation but it hasn't gone away because of the number of warheads and rogue players and so on. But it feels terrible to be proved right."

As Hodge's Oscar-nominated script for Danny Boyle's 1996 movie Trainspotting was on screen within three years of Irvine Welsh's novel, and his adaptation of Alex Garland's The Beach in 2000 appeared just four years after the hardback, Deighton's 1962 novel is by far the oldest source material Hodge has ever brought to our screens - and the first that has already been a movie.

His version of The Ipcress File, though, is very different from either the 1962 book or the 1965 Caine film about a kidnapped British nuclear scientist. The novel is a first-person narrative and the movie dominated by Palmer, but Hodge has "given voices to other characters. Six hours of TV demands huge amounts of story compared to a movie. You need more central characters."

The TV version spreads the action between the new Palmer, played by Joe Cole), British agent Jean (Lucy Boynton), her spymaster Dalby (Tom Hollander) and CIA agent Maddox (Ashley Thomas). The fact that an African American spy was plausible (though rare) at that time, when the English secret service was hideously white, also allows the series to achieve both historical realism and diversity: "It is a balance between being true to the era and writing something a modern audience can relate to."

Cole, after a clever bit of business with the thick black-framed spectacles that were Caine's visual signature, takes the role in a new direction, helped by a new backstory featuring thrilling scenes in Berlin that Deighton never imagined. Hodge and director James Watkins (Black Mirror, McMafia) "felt we needed something to introduce Harry," says Hodge. "I think in a movie you can just say here's a spy and go along with him. But TV audiences need to know a bit more about the characters ... so I wrote a sequence about how Harry got involved, rather unwillingly, in espionage."

In the 60s, the cockney boy confidently dining at the highest tables was seen as a symbol of England's social evolution. But now, says Hodge, we see it differently. "This is set at a time when the next five British prime ministers [Wilson, Heath, Callaghan, Thatcher and Major] are going to be from state schools, and it feels, in that moment, that the Old Etonians are over. But obviously we now know that they weren't."

Hodge has also done a lot of plot renovation. "I think Deighton lost interest in the plot halfway through the novel, and it's a series of comic riffs after that."

He sees it as a story about the emergence of a modern culture in Britain, after the still literally and metaphorically rationed 1950s: flying to Rome or Paris seems impossibly glamorous, and exotic delicatessens offer unimaginable foodstuffs such as pomegranate.

The show covers 1962 to 63, and older viewers and history students will delight in trying to anticipate how Hodge might bring in what he calls "high 60s moments" - the Cuban missile crisis, the Profumo sex scandal, the presidency of John

F Kennedy: "One of the pleasures of writing recent historical fiction is that you can aim for these landmarks that some of the audience will be anticipating."

Deighton's cheekily meritocratic spook has widely been seen as an anti-James Bond and, oddly, working on The Ipcress File was also post-007 for Hodge. He and Boyle (his director on Trainspotting, its sequel T2 and Shallow Grave) were employed on "Bond 25", which subsequently became last year's No Time to Die; they co-wrote a script before being sacked.

"I think it was me they really wanted rid of, but Danny took the bullet, too," says Hodge. Do non-disclosure agreements cover their departure? "No. Just decent British discretion!"

At the time Hodge and Boyle learned they would not write another day, there were suggestions they had spooked the producers by pitching an incredibly subversive storyline. But the released movie contains a twist at least as dramatic, which seems to disprove the rumour they had gone too far. "My understanding was that that twist had been decided even before we came on board because Daniel Craig wanted it. I think, with us, it was that old cliche "creative differences". It felt very dramatic at the time but it was just another bump in the road of the Bond franchise."

As Hodge says he is sparing with scene directions ("I don't like to tell directors what to do"), I wonder about the spectacular action sequences in a Bond movie. Do you just write "the island rises into the air and explodes" and let them get on with it?

"I kind of hoped that was the case, because in a big action movie, the action is worked out between the director and numerous departments. But for some reason, they want you to write the action. It's the thing I hate doing most: 'The car skids round the corner, bouncing off the kerb. Inside the car, Jack Wiley lights a cigarette' etc. And you can only get it wrong: they either tell you it's too expensive or say it's too unambitious because a plane already flew through the Deptford Tunnel in Fast and Furious 7, or whatever."

Hodge still has his Bond script on a laptop. When he saw the movie, he found that "half a line" of his dialogue had survived. What is it? "Aaaargh, I can't. It's their film. I don't want to seem like the guy who got paid and goes round telling stories about them." He didn't even tell his family what the half-line was. "Look, it's the screenwriter's life. If you're lucky, you get a job, and sometimes that job doesn't end well."

If this ITV show is successful, Hodge would like to adapt Deighton's 1965 novel Billion Dollar Brain (also a film with Caine), which is about viral warfare, and which may also have reached an interesting moment for a remake.

He does not, though, expect Trainspotting to become a trilogy. "I think that's done. In that heady atmosphere of producing T2, we talked about coming back to it. But the second film was not as exciting as the first, and to me that was a reflection of the fact that life isn't as exciting in your 40s and 50s as in your 20s. I was at peace with that. Any idea of getting the gang back together for more hijinks just feels misguided to me."

He and Boyle are "developing an idea for a feature film, which is quite an old-fashioned idea these days. And, like most writers in the UK at the moment, we're trying to think of ideas we can pitch to a big streamer for a vast multiseason international show!"

The Ipcress File starts on Sunday at 9pm on ITV. The full series is available on ITV Hub

Spy master *Michael Caine with Sue Lloyd in the 1965 film of The Ipcress File*

BEN BLACKALL/ITV; PHOTO 12/ALAMY; PETE DADDS/BBC

The Witchfinder

The perfect ingredients are all there – so why doesn't this historical comedy cast a spell?

Joel Golby

Say you have been summoned to a lab and tasked with formulating the perfect British comedy. The details of the lab are not necessary for this, so stop asking. Stop asking who is funding this great experiment. It does not matter why they have chosen *you*, instead of *someone qualified*. We're getting off topic. No, there are no windows. Well yes, fine, I suppose you could call it a "bunker" then. The point is: you have been summoned to a lab and tasked with formulating the perfect British comedy. It will be on BBC Two.

So you guide your hand past the conical flask marked Mel & Sue and you dawdle over the petri dish with Jack Whitehall's Dad in it, but finally you decide to add a big slosh of Tim Key to the broth (for this analogy to work, you really have to imagine a broth). Obviously, every action has an equal and opposite reaction so you need someone to balance out the – yes this is all getting away from me very rapidly, thank you! – pH, or something, so you decide upon Daisy May Cooper. To, uh, brew the broth in a giant still? Something like that, anyway. To do that thing you decide upon the Gibbons brothers as writers, after they did such an exceptional job of reinventing the Alan Partridge universe with This Time. As a catalyst you are allowed one little dash of Steve Coogan as a script consultant. For colour, you get a bit of Jessica Hynes. And for a concept, you have, "a witchfinder and a suspected witch go on a Trains, Planes and Automobiles-style odd-couple journey across the English countryside circa 1645".

Perfect, perfect, perfect! You have made every correct choice you possibly could. Right let's put that in the oven for a bit and … ah. That's a shame. It's turned out really bad.

It doesn't make sense that The Witchfinder (BBC Two, from Tuesday) is as underwhelming as it is, because as mentioned above: all the ingredients were there. After being the go-to punchline guy in every single British comedy over the past 15 years, Tim Key was well overdue a good leading role, but this one isn't right for him: his trademark bumbliness rubs up against the need of his character, witchfinder Gideon Bannister, to be liked and feared and respected. (As a thought experiment, if you get bored watching – which you will – imagine every line said by Coogan instead, and it does work better.)

Cooper, so achingly funny in This Country, is superb as the suspected witch Thomasine Gooch, but woefully underused: the few bright spots in the first two episodes are when she does that blunt, straight-faced patter she's so good at, but there is nowhere near enough of it.

Hynes is completely wasted, and various other comic actors are given barely-there cameos and no punchlines to deliver. If you are fond of the witchfinder episode of Inside No 9 from a few years ago and are expecting more of the same, keep expecting. If you were hoping The Witchfinder might follow along the lines of Ghosts – another perfectly cast, slightly high-concept BBC comedy – think again. Ghosts remembered to make every character interesting and funny in their own right. The Witchfinder replaced all that with a too-slow-moving murder-mystery.

Daisy May Cooper, so achingly funny in This Country, is superb as the suspected witch, but woefully underused

You're right, it's hard to make people laugh. I read the comments section beneath these columns, sometimes, and see that sentiment expressed a lot. But to even try to start making people laugh – the thrust of every comedy, no? – you do have to actually write some jokes. The Witchfinder expends too much energy trying to tell some story – Key and Cooper have to go here this week, then they meet an obstacle, then they have to figure their way round it – and relies too much on the natural comic gifts of the two actors without giving them enough funny to play with.

Key's character is slimily unlikable, pathetically unbrave and greedily ambitious: there's nothing redeemable to make me enjoy watching him for six episodes. Cooper's disaffected one-liners could be the star of the show, but too often she's used as a prop to get Key out of a self-imposed scrape. Hard to know who to blame for this really, but … well, no, I do. It's your fault. You mixed all these ingredients up, in that lab I put you in, remember? You forgot to add jokes, you fool! Try again, and this time add some Whitehall!

Pick of the week
Our House
Monday, 9pm, ITV

Another psychological drama in which an enviably well-designed family house eerily seems to take on a life of its own and cause trouble (see also: The Girl Before and Findin g Alice). Something is afoot from the off in this four-parter, stripped across the week, as Fi (a perplexed Tuppence Middleton) returns home to find a new family has moved in without her knowledge. What has happened? And why can't she get hold of her estranged husband Bram (a slippery Martin Compston)? Cue flashbacks to when they first moved into their dream home, started a family, and dealt with Bram's affair. It's silly, juicy and guiltily good - with an attention-grabbing opening episode cliffhanger. *Hollie Richardson*

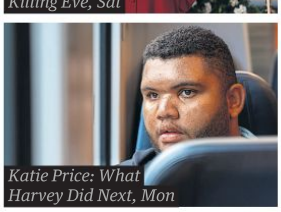
Saturday

Pick of the day
Killing Eve
9.15pm, BBC One
Eve (Sandra Oh) is zipping around on a motorbike and Villanelle (Jodie Comer) is leading a church choir as we rejoin them for the fourth and final season of the killer series. Carolyn, (Fiona Shaw) meanwhile, is bored stiff in her new embassy role. All of them are still very much focused on The Twelve. While it's massively dropped off since that brilliant first season, fans are desperate to see how things end for Eve and Villanelle's oh-so toxic but tantalising relationship. *HR*

Celebrity Mastermind
6.30pm, BBC One
There is a fairly high camp quotient on the austere quiz this week with contestants including beloved Eurotrash narrator Maria McErlane and celebrated drag queen The Vivienne. Debonair host Clive Myrie even takes time out between rounds to explore why drag is currently having such a moment in pop culture. *Graeme Virtue*

The Wall Versus Celebrities
7pm, BBC One
"Polar opposites" Ellie Taylor and Shaparak Khorsandi team up to tackle Danny Dyer's ball game-cum-general knowledge quiz. Challenges include distinguishing Boyzone from Westlife and identifying meals made from animal genitals. You may be able to guess which they fare better with. *Alexi Duggins*

Killing Eve, Sat


Katie Price: What Harvey Did Next, Mon

The National Comedy Awards for Stand Up to Cancer
9pm, Channel 4
Award nights might not seem relevant in 2022 (the film industry boycotted this year's Golden Globes), but this one is in aid of charity - with a few promised laughs from a room full of comedians. Tom Allen hosts, with nominees including Sarah Millican, Mo Gilligan and Aisling Bea. *HR*

Paul Sinha's TV Showdown
9.40pm, ITV
A raucous performance on RuPaul's Drag Race, a naughty moment on Catchphrase, and Esther Rantzen pulling a taxidermy cat out of a black bin bag on That's Life! - these are just some of the clips providing the questions on tonight's telly trivia show. *HR*

Mariah Carey at the BBC
10.35pm, BBC Two
She owns Christmas and she doesn't do stairs, but behind the legend of Mariah lies 30 years of hits. Here are some of her best Beeb performances, charting the evolution of a superstar. For every tiresome ballad ("Can't liiiiiive") there's a banger such as Shake It Off from the golden age of mid-00s Mimi that shows off her versatility. *Hannah Verdier*

The Ipcress File, Sun

Sunday

Pick of the day
The Ipcress File
9pm, ITV
Based on the 1965 film starring Michael Caine and the book of the same name by Len Deighton, here's a timely adaptation of the spy thriller set during the cold war. Joe Cole (Peaky Blinders, Gangs of London) confidently steps into the suave shoes of army corporal Harry Palmer, who is enlisted as a spy to help straight-talking Jean (Lucy Boynton) track down a kidnapped nuclear scientist. With a starry ensemble cast, it fully leans into the stylish and snappy espionage genre. *HR*

Stanley Tucci: Searching for Italy
7.15pm, BBC Two
"I'm going to warn you, if you're on a low-carb diet - beware!" Next up on Tucci's saucy food tour: Rome. He promises a lot of pasta ("And I mean a lot of it"), a sweet Roman breakfast with a 2,000-year history and a chef who can do "amazing things" with chicken innards. *HR*

Peaky Blinders
9pm, BBC One
"We're going to keep going until this Boston business is done ... then we Peaky Blinders fucking rest." Don't count on that happening too soon, Tommy, who tonight starts another risky power play with the fascists. We're also reintroduced to a couple of returning guest stars, and Tommy meets Diana Mitford (who once described herself as a "famous awful person"). *HR*

Lights Up: Rough Girls
9pm, BBC Four
Best known as "Mammy!" in Derry Girls, Tara Lynne O'Neill debuted her play about Northern Ireland's "suffragettes of soccer" last summer. It celebrates the "rough girls" who played footy in front of fans while the men were at war. The FA banned women's football in 1921, but 100 hundred years later, NI's women's football team qualified for Euro 2022. *HR*

Death on the Beach
9pm, Sky Crime
Thailand's Koh Tao is backpacker catnip: clear water, white sand and cheap drinks. But in 2015, Christina Annesley died while holidaying on the remote island. Was it a tragic accident or something more sinister? This intriguing three-part documentary explores the darker side of paradise, including a string of brutal tourist murders. *Henry Wong*

The Curse
10pm, Channel 4
The 80s-set heist comedy that combines high stakes and low farce reaches its penultimate episode. After getting away with their record-breaking robbery, our inept East End gang are supposed to be lying low. But for lovable lunk Mick (Tom Davis) that is apparently the perfect time to open a Soho club called Gold Rush. *GV*

Monday

Pick of the day
The Real Peaky Blinders
9pm, BBC Two
Some worthwhile history to go with the drama as Professor Carl Chinn - who has a distant family connection to the gang - explores the stories of the real-life Tommy Shelbys. Turns out the real Peakies were deeply unpleasant bullies and most of their activities lacked even a smidgeon of outlaw glamour. Who knew? *Phil Harrison*

Panorama: Manchester Arena Bombing - Saffie's Story
8pm, BBC One
The story of eight-year-old Saffie-Rose Roussos, who went to the 2017 Ariana Grande concert at Manchester Arena with her mother and sister, is not an easy one to hear. She was the youngest victim of the bombing and a report suggested she might have survived if she'd received better first aid at the scene. Panorama investigates her and her parents' story. *HV*

Katie Price: What Harvey Did Next
9pm, BBC One
Following on from last year's intimate documentary Harvey and Me, which explored Price's relationship with her teenage son Harvey - who lives with a range of complex medical and behavioural conditions including autism - this unfiltered, one-hour film catches up with them as Harvey prepares to leave home for the first time. *HR*

Life and Death in the Warehouse
9pm, BBC Three
Continuing BBC Three's tradition of using fact-based drama to illuminate urgent social issues, this one-off is set in a distribution warehouse where the young employees are closely monitored to ensure maximum efficiency. A trainee manager (Aimee-Ffion Edwards) pushes her pregnant friend (Poppy Lee Friar) to work without respite. *Jack Seale*

Starstruck
10pm, BBC Three
It's Valentine's Day and, predictably, things don't run too

LAURENCE CENDROWICZ/ITV; BBC; BBC

Storyville: Writing With Fire, Wed

smoothly for our new couple. Jessie's ex-boyfriend is sniffing around again, while Tom is offered a role that requires him to work away for a while. Worst of all, though, is when Tom calls Jessie "kooky" and "quirky". *HR*

Tuesday

Pick of the day
The Witchfinder
10pm, BBC Two
Daisy May Cooper and Tim Key in a period comedy from the writers behind This Time With Alan Partridge? Yes please! Key is an insufferable and failing witch hunter in 1645, who sees an opportunity to climb to the top of his game with a suspected witch (the reliably uncouth and deadpan Cooper). He carts her across the country to go on trial and, over six episodes, they encounter comedy stars including Jessica Hynes, Julian Barratt and Allan Mustafa along the way. *HR*

The Conductor
8pm, Sky Arts
When she was nine, Marin Alsop saw Leonard Bernstein conduct an orchestra in New York and decided on her path in life. Using music conducted by Alsop, this documentary charts her remarkable journey to the top of the classical music world, tracking her huge achievements in the face of institutional sexism. *PH*

This Is Going to Hurt
9pm, BBC One
It's finally breaking point for the doctors. Adam rounds up colleagues to attend his doomed engagement party while dealing with a betrayal close to home, and Shruti goes heavy on the alcohol the night before her exam. Adam's cold-as-ice mother also makes a return. *Sammy Gecsoyler*

Rock Till We Drop
9pm, BBC Two
Martin Kemp and Lady Leshurr continue at the helm of this heartwarming ode to late bloomers. Tonight, the ageing rockers form two bands and rehearse ahead of their performance on the main stage at the Isle of Wight festival. While one band struggles to harmonise, the other forges ahead. *SG*

The Gilded Age
9pm, Sky Atlantic
Tonight on Julian Fellowes's period drama of old money in 19th-century America: a certain Mr Edison turns on Manhattan with his electricity display; Bannister plots revenge; and George prepares for a legal dust-up of his own. *Ali Catterall*

Cheaters
9.50pm, BBC One
With its 10-minute-long episodes, intertwining stories and lived-in characters, it's easy to fall for this romantic comedy. Tonight, Zack faces catastrophe while picking up his dad from the airport, Josh and Fola fail to stay apart and Esther plans a particularly bleak "sten do" (that's a hen and stag combo). *HW*

Wednesday

Pick of the day
Storyville: Writing With Fire
10pm, BBC Four
From the moment we meet Meera Devi - chief reporter of India's only newspaper run by women (who are from the lowest caste, Dalit) - it's clear why her story has earned this incredible, vital documentary a nomination at this year's Oscars. After interviewing a woman who says the police won't log her multiple reports of rape, Meera charges down to the station demanding answers. It's just one of the ways that this newspaper is stirring a revolution in spite of the fact everybody around the team expected it to silently fail. *HR*

Mary Berry's Fantastic Feasts
8pm, BBC One
Berry is back, and once again she is doing the work of the foodie gods. This time, youth charity worker Soraya is in for a treat as three of her friends are throwing her a surprise thank you party, with Berry teaching them how to bake goodies. Wholesome, needed content. *HR*

Your Body Uncovered With Kate Garraway
8pm, BBC Two
Garraway guides more patients with long-term medical conditions on a "fantastic voyage" through their own bodies. Tonight she meets Rozi, a grandmother to 23 children, whose lungs have been damaged by Covid-19; and airline cabin crew member Adrian, who has a painfully large prostate. *AC*

Interior Design Masters With Alan Carr
9pm, BBC One
The TV formula de nos jours gets another airing in this new season of the interior design-themed mashup of The Apprentice and The Great Pottery Throw Down. The contenders begin by designing apartments in Manchester. "My style is as if Dolly Parton and RuPaul lived in Tony Montana's LA mansion" promises/threatens Abi. We can't wait ... *PH*

Michael Mosley: Who Made Britain Fat?
9pm, Channel 4
The man behind the Fast 800 diet puts together a strong case against the government and the part it plays in the UK's obesity crisis. Why have their 689 policies around this problem previously failed? Are they powerless to help? And how much damage is obesity doing to the NHS? He passionately investigates, speaking with the likes of George Osborne and Jamie Oliver. *HR*

Frayed
10pm, Sky Max
Things get particularly awkward in Sarah Kendall's dark comedy tonight when Sammy (Kendall) bumps into Bambi (a comically on-point Kerry Godliman) - her husband's former mistress who "gave him crabs" and was with him in a hotel room when he died - at her new legal aid lawyer's office. Later, Sammy receives a call telling her to leave London and get back to Australia, pronto. *HR*

Thursday

Pick of the day
My Brilliant Friend
9pm, Sky Atlantic
The quietly beautiful adaptation of Elena Ferrante's Neapolitan Novels reaches the third book in the series. Now reflecting on their friendship in the 70s, Lenù is a rising literary star and engaged to a professor, while Lila has left her marriage and taken on a job in a meat factory. But their lives continue to turn in unexpected ways, as themes of friendship, privilege, class, loyalty and success are intricately and thoughtfully unpacked. *HR*

Crufts
3pm, Channel 4
Agility, heelwork, obedience, flyball, and generally being very cute - these are the things putting the world's most competitive pooches to the test. Clare Balding presents from day one, with a highlights show at 8pm and continued coverage until Sunday when Best in Show is chosen. *HR*

Rock Till We Drop, Tue

My Brilliant Friend, Thu

Dragons' Den
8pm, BBC One
Cash injection or brash rejection? A fresh intake of moguls-in-waiting hope their optimistic business plans survive the trial by fire that is pitching to the unsentimental Dragons. On the docket tonight: a diverting puzzle game, chocolate treats and an ingenious office furniture concept that can only be described as "hot". *GV*

The Apprentice
9pm, BBC One
This week, our aspiring business moguls have to launch a baby food brand. Half the contestants head to the kitchen to work out flavour notes, while the rest take on branding. It's a classic Apprentice set-up - designed to fail spectacularly - and contestants inevitably fumble. *HW*

Amol Rajan Interviews Nile Rodgers
9pm, BBC Two
The Chic songwriter/guitarist is a prolific giver of interviews, but the story of his band's success and his work with Madonna, David Bowie, Daft Punk and others perhaps can't be told too many times. This epic hour-long chat also takes in music industry racism and the death of Rodgers's mother in 2020. *JS*

Extraordinary Escapes With Sandi Toksvig
9pm, Channel 4
Spending the day with Toksvig and her travel companion Sue Johnston at an alpaca farm sounds like the therapy we all need. And that's not all they get up to in Cornwall: expect a jolly game of boules and lots of lovely chatter, too. *HR*

Friday

Pick of the day
Grantchester
9pm, ITV
Still going strong seven seasons in, the detective period drama is on the cusp of the swinging 60s. But first: another whodunnit. This time, Lord Edmund Fitzgerald is found dead as a doornail in the grounds of a crumbling estate. The Rev Will Davenport (Tom Brittney) and DI Geordie Keating (Robson Green) are, reliably, on the case but are at loggerheads with Geordie's new boss. They soon look to the victim's romantic past to find clues. *HR*

Inside Culture With Mary Beard
7.30pm, BBC Two
Emma Thompson crying to Joni Mitchell in Love Actually is a powerful scene that has broken many a viewer's heart - but why? Beard speaks with the actor herself to unpick the role that crying plays both in art and in real life. *HR*

Becoming ... Nathan Drake
8.40pm, BBC Three
After putting his own spin on Spidey, Hollywood's favourite new dreamboat, Tom Holland, tackles another beloved character - rascally tomb robber Nathan Drake in the recent Uncharted movie. Here, he talks to Ali Plumb about acting opposite an intimidatingly buff Mark Wahlberg. *GV*

Your Garden Made Perfect
9pm, BBC Two
Strapping on the VR headsets and saying "Oooh!" this week are Lisa and Justin from Wokingham, who want their big square of featureless lawn to be transformed into a private sanctuary. Lessons on zoning and imaginative planting ensue. *JS*

Dating No Filter
10pm, Sky Max
"She's dressed like a chocolate finger!" "He looks like a fit Weasley - Ron's sexy cousin!" Tonight's episode of comedians commentating on couples' dates is yet another grab bag of hilarious quotables. Will the singletons find love on their journey? Who cares? This show is all about the quips from comics. *AD*

The Graham Norton Show
10.45pm, BBC One
Friday nights without Norton? Almost unimaginable - but we've reached the last in the current series. The highlights reel surely boasts Adele being very Adele and Martin Freeman on the question asked by Love Actually fans. *HR*

Pick of the week

The Last Days of Ptolemy Grey

Apple TV+, from Friday

As dementia invades Ptolemy Grey's consciousness, the early stages of this series are a heartbreaking depiction of this cruel illness. His only lifeline is his patient carer Reggie – but when Reggie is killed, Ptolemy is left in the hands of orphaned teenager Robyn. What happened to Reggie? Using treatment that restores his memories to an almost absurd pin-sharpness, Ptolemy is able to scroll back through the events leading to Reggie's death with unnerving certainty. Based on Walter Mosley's novel, this drama is part detective story, part muse on memory and what it really means. Samuel L Jackson brings its frail but defiant hero to life with sensitivity. *Phil Harrison*

Outlander

Starzplay, from Sunday

The ludicrous and rakishly enjoyable time-travelling historical epic returns for a sixth season. Caitríona Balfe's Claire – who, now reaching her 60s, should be enjoying a relaxed married life in 18th-century North Carolina with Jamie (Sam Heughan) – knows all too well about the impending revolutionary war (she is from the future). And a ghost from Jamie's past returns to add to these anxieties. What lies ahead for the trouble-magnet pair? Certainly plenty of sex – this show is unapologetically libidinous – but also, tentative steps to establishing a society that may or may not be doomed to fail. *PH*

Rick and Morty

Netflix, from Sunday

The smart, inventive and occasionally bewildering sci-fi cartoon – which feels, in its more psychedelic moments, like Futurama reimagined by George Saunders – returns with more space-time continuum-mangling action. Expect adventures in mind transference, journeys into parallel universes, the destruction of the US constitution and a ton of pop-culture references as our ill-matched but lovable heroes (Rick is a misanthropic alcoholic scientist, Morty is his awkward, anxious grandson) continue to traverse space. *PH*

Queer Eye: Germany

Netflix, from Wednesday

The cheering life transformation show gets its first ever international spin-off as a brand new Fab Five take the shy, the scruffy, the stuck and the forlorn and add some spice to their lives. This time, the lucky recipients of the quintet's attention will be in Germany. Get ready to meet work-life coach Leni Bolt, fashion expert Jan-Henrik Scheper-Stuke, beauty guru David Jakobs, nutrition and health don Aljosha Muttardi and design king Ayan Yuruk. The formula remains the same: tough love, heartfelt encouragement, a few tears and charm to burn. *PH*

The Andy Warhol Diaries

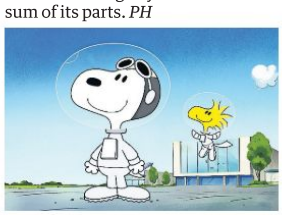
Netflix, from Wednesday

This striking six-part series by Ryan Murphy is notable for using AI to render diary readings in an approximation of Warhol's voice. Given his fascination with notions of authenticity and uniqueness – along with his notorious emotional distance – Warhol himself would surely have approved. The picture that emerges is enigmatic and none the worse for it. Warhol was clearly both a beloved figure and a troubled one. "I'm just a freak," he says, disarmingly. "I wasn't very close to anyone." This might be the closest we ever manage to get to the man himself. *PH*

The Snoopy Show

Apple TV+, from Friday

This reboot of the Charles M Schulz cartoon is both instantly recognisable and significantly tweaked. The animations are incredibly faithful to both the original strips and the first TV renderings. But the narratives foreground Snoopy and his avian pal Woodstock ahead of the human characters (the clue is in the title, really). This points the show more in the direction of children – the melancholic, gently philosophical edge of the originals is largely absent here. It's nicely realised but slightly less than the sum of its parts. *PH*



Life After Death With Tyler Henry

Netflix, from Friday

Depending on your point of view, this show will either be a revelatory and moving journey through the afterlife, or an offensive and borderline dangerous exercise in manipulating the emotionally vulnerable. Henry is best known as the medium who gave a reading to one of the Kardashian sisters in Keeping Up With the Kardashians. He parlayed that encounter into a series (Hollywood Medium) and now in this latest venture where he investigates the spiritual affairs of ordinary Americans. Dubious in the extreme, but not without a guilty fascination. *PH*

HOPPER STONE/APPLE TV+; ROBERT WILSON/STARZ

Catchup TV

A sad-girl drama feels fresh and Cillian plays a Blinder

Mood
BBC Three/ iPlayer
★★★★☆

In the tradition of all good dramas, 25-year-old wannabe singer-songwriter Sasha (the show's writer and star Nicôle Lecky, pictured above) kicks off proceedings by blowing up her life. She wakes up in her bedroom in her mum and stepdad's house next to a half-full kebab tray, and attempts to piece together the events of the previous night. The fact that her hands look distinctly fire-blackened suggests the night did not end well. If the small matter of arson wasn't present, this might seem like a standard self-destructive sad-girl drama. But Mood has a clever way of sidestepping expectations, and feels fresher than its component parts initially suggest. Sasha is a woman in pain, and this can be painful to watch. But this drama is invigorating, and refreshingly easy in its own skin. *Rebecca Nicholson*

Peaky Blinders
BBC One/iPlayer
★★★★☆

After failing to kill himself at the end of series five, Tommy Shelby (Cillian Murphy) is back where we want him to be: in all kinds of trouble. It's 1933, in a remote outpost of la Francophonie called Miquelon Island, which is beyond Canadian and American jurisdictions. For years, these Gallic stereotypes have been ferrying bootleg whiskey to Boston. But now, prohibition is ending and their business model is collapsing. Enter Mr Shelby, with a proposal for the locals. But before he can flood Boston with dope or avenge Aunt Polly's death, Tommy has to deal with another crisis back in Birmingham. He is facing a war on three fronts across two continents - but our hero has always enjoyed having his fingers in too many pies. I doff my cap. *Stuart Jeffries*

Somebody Somewhere
Sky Comedy/Now
★★★★☆

This comedy is a stealthy new arrival that doesn't shout about its charms, but rather lets them unfurl steadily, with surprising beauty. Sam (Bridget Everett) is a woman in her 40s who has recently moved back to her home town of Manhattan, Kansas, to take care of her dying sister, but now her sister is gone she finds herself stuck, purposeless and lonely. But when she meets Joel (a fantastic Jeff Hiller) at work, a hint of brightness begins to return. Joel idolised Sam when they were at school together and in "show choir", of which Sam was the star. Joel takes Sam along to one of the secret cabaret-style nights he puts on at church and, inevitably, Sam starts to exercise her lungs. Anyone expecting a straightforward gag may need to look elsewhere, but this is honest, warm and gorgeous TV. *RN*

Killing Eve
BBC One/iPlayer
★★☆☆☆

Killing Eve is funny, sexy and the source of numerous already brilliant actors' best work, but it has made no sense for some time. Since Phoebe Waller-Bridge sauntered off to work on other projects after the masterful first season, different female writers have been given the task of keeping the story going. Season four boss Laura Neal has the hardest challenge of all - it's also the final season. In the opening episode, Sandra Oh remains fantastic as Eve, whose journey from nerdy safety to delicious self-destruction continues and still works. Jodie Comer, on the other hand, is struggling as Villanelle, lost in the nonsensical idea of this stone-cold monster trying to find redemption. It's still recognisably Killing Eve and it's still kinda cool, but it's out of new ideas. *Jack Seale*

DANIKA MAGDELENA/BBC; SEAMUS RYAN

Audio

Podcasts

Pick of the week

Derren Brown's Bootcamp for Life
Audible, all episodes out now
In his last podcast, Derren Brown (pictured above) looked at the physical way our minds work. "But now I want to switch attention to the software of the brain," he claims in the intro to his latest series, which promises to help rid us of anxiety and make us happier over eight 30-minute episodes. That big claim aside, it's a beautifully produced, soothing listen, full of illuminating interviews with expert talking heads. *Alexi Duggins*

Twin Flames
Wondery, episodes weekly
Stephanie Beatriz hosts this podcast about YouTubers Jeff and Shaleia Ayan, who reckon they can show the path to eternal love. They'll also throw in a beautiful home, car and lots of cash for good measure. All you need to do to get these riches is everything that they say. Dodgy cult or reasonable commitment? Beatriz investigates. *Hannah Verdier*

The Secret History of Flight 149
Widely available, episodes weekly
It's hard to believe that a BA flight en route to Malaysia stopped to refuel in Kuwait as Saddam Hussein invaded in 1990. The captain was repeatedly reassured it was safe to land, but as the plane sat on the runway it was surrounded by bombs and guns. What follows is utterly horrific and compelling. *HV*

Sport's Strangest Crimes ... The Trillion Dollar Conman
BBC Sounds, all episodes out now
Alice Levine (pictured above right) is back to unpick another scandal (following Wondery's hit British

Scandal series). This time, it's the six-episode story of "a conman who duped a football club with promises beyond their wildest dreams". Starting from the moment Russell King seized control of Notts County FC, the tale wildly takes us to the communist dictatorship of North Korea. *Hollie Richardson*

The Catch: The Real Freshwater Five Story
Audible, episodes weekly
Did a group of Isle of Wight fishermen smuggle £53m worth of pure cocaine into Britain? Or were they wrongly convicted? Hosted by Raphael Rowe - who was himself falsely imprisoned for murder - this slick series unspools the twisty story over seven interview-packed episodes. *AD*

Radio

World Book Club: Kiley Reid
Sat, 12.05pm, BBC World Service
When Kiley Reid's (pictured above) debut novel Such a Fun Age - the story of a young Black woman who is wrongly accused of kidnapping a white child she babysits - was published in 2019, it rocketed into the zeitgeist and sparked conversations about race, privilege and class in book clubs all over. Here, Harriett Gilbert speaks with the author to untangle those themes and answer questions that readers have asked after reading the book. *Hollie Richardson*

Disgusted, Mary Whitehouse
Sat, 8pm, Radio 4
In 1982 Mary Whitehouse brought the National Theatre to court over The Romans in Britain - a play she considered guilty of gross indecency. Her prosecution failed, but Whitehouse's name endures as a symbol of prudishness. Delving into Whitehouse's diaries and correspondence, Samira Ahmed attempts to pin down a complicated figure. Whitehouse's appetite for censorship may shock, but do her conservative ideals have new relevance in an era of widespread pornography? *Henry Wong*

Tonight With Andrew Marr
Mon, 6pm, LBC
"Anyone wanting bland, safe, wearily predictable journalism is strongly advised to look elsewhere," says Marr of his new hour-long, weeknight political slot. Produced by former BBC live politics boss Rob Burley, it follows on from Eddie Mair's afternoon show and is, in the wake of Emily Maitlis and Jon Sopel signing to LBC owner Global, part of an exodus of BBC veterans to the commercial sector. They're gambling that the Beeb's clout is on the wane - Marr's fresh venture, which will let him give his opinions more freely, is a test of that hypothesis. *Jack Seale*

Rap Gets Real
Tue, 11.30am, Radio 4
Rap and emotional vulnerability have rarely been close companions, but this seems to be changing with artists such as Stormzy and Dave challenging the genre's tendency towards relentless hypermasculinity and letting a little light in. In this valuable and compassionate documentary, Mobo award-winning rapper Guvna B assesses his own experiences of depression and a breakdown after his father's death. *Phil Harrison*

Pick of the week
West Side Story
Out now, Disney+

Leonard Bernstein and Stephen Sondheim's classic musical is here given a wonderful, respectful reworking by Steven Spielberg. Despite some visual callbacks to Robert Wise's 1961 version, his 1957 New York is a darker, scuzzier place – the territorial rumbles between the Sharks and Jets play out in an urban landscape of demolition and decay, reinforcing the hollowness of their small victories. Ansel Elgort and Rachel Zegler, playing Tony and Maria – the Romeo and Juliet of this cross-cultural romance – make for a sweet couple but are upstaged by a fiery, forceful Ariana DeBose as Anita (particularly in a kinetic take on America) and Mike Faist as sinewy gang leader Riff. *Simon Wardell*

The World to Come

Sunday, 12.20pm, 8pm
Sky Cinema Premiere
Katherine Waterston and Vanessa Kirby perfectly balance delicate sensibility and submerged passion in this tale of the friendship and love between two farmers' wives in mid 19th-century New York state. The death of their daughter has left Abigail (Waterston) emotionally closed off from her husband Dyer (Casey Affleck), but vivacious newcomer Tallie (Kirby) sparks something unexpected in her. Director Mona Fastvold tethers their lives to the unforgiving swing of the seasons as their affair slowly overwhelms them. *SW*

Misbehaviour

Sunday, 9pm, BBC Two
Philippa Lowthorpe's drama – about the 1970 Miss World contest being disrupted by the women's liberation movement – could have just been a righteous tale of feminist activists putting the boot in to a sexist event. And we do follow Keira Knightley and Jessie Buckley in their plot against the patriarchy – epitomised by Greg Kinnear's smarmy host Bob Hope. But we're also privy to the lives of the female contestants, particularly Gugu Mbatha-Raw's Miss Grenada, for whom the "cattle market" is a rare opportunity for her as a Black woman to realise her dreams. *SW*

Ninjababy

Monday, 12.10am, Film4
This film offers a comic, creative take on the potentially fraught story of a young woman who becomes pregnant but is far from the maternal type. Kristine Kujath Thorp's Oslo-based Rakel is a would-be comic artist, so when she discovers she is six months gone already, she conjures up the foetus as an animated "sneaky ninjababy" – one who illuminates her thoughts and feelings through quirky if challenging asides. But Yngvild Sve Flikke's drama does have a darker side too, as the disorganised, fearful Rakel deals with the dread prospect of motherhood. *SW*

Can You Ever Forgive Me?

Tuesday, 9pm, Film4
Melissa McCarthy's magnificently unlikable lead character makes Marielle Heller's real-life drama a prickly but highly rewarding watch. Lee Israel is a hard-up, alcoholic writer who is struggling to get her biography of actor Fanny Brice commissioned, so resorts to forging letters by famous dead people – and discovers both an income stream and a genuine talent. Richard E Grant has a ball as her deadbeat criminal sidekick Jack in a droll tale of hubris and greed in the literary world. *SW*

Phantom Thread

Tuesday, 11.15pm, BBC Two
This 2017 Paul Thomas Anderson masterwork was Daniel Day-Lewis's unexpected swansong as an actor, and his commitment to the role is total (he even spent a year learning dressmaking in preparation for it). His high-end 1950s fashion designer, Reynolds Woodcock, finds his obsessively controlled world – aided by sister Cyril (Lesley Manville) – thrown off-centre by Alma (Vicky Krieps), a waitress he seduces and then attempts to shape into a pliant muse. The push and pull of her resistance to – and love for – him gives their relationship a twisted power dynamic as finely detailed as one of his outfits. *SW*

Fast & Furious 9

Friday 10.15am, 8pm,
Sky Cinema Premiere
By now you know what to expect from this petrol-fuelled series of action films. Vin Diesel's Dom will be drawn back into the spy game, along with his ever-expanding ragtag bunch of mates, to endure more preposterous but thrilling vehicular set pieces. But it's real trump card is a focus on the importance of family – real or constructed. This surfaces again when Dom (white T-shirt) comes up against his brother Jakob (John Cena, black T-shirt), amid returning faces, peculiar cameos and a Helen Mirren-instigated car chase. *SW*

Sport

Premier League Football
Leicester v Leeds
Sat, 11.30am, BT Sport 1
Leeds's first game with new manager Jesse Marsch (pictured above) from King Power Stadium.

Premiership Rugby Union
Saracens v Leicester Tigers
Sat, 3pm, BT Sport 3
From StoneX Stadium.

Women's League Cup Final
Chelsea v Man City
Sat, 5pm, BBC Two
From the Cherry Red Records Stadium in Wimbledon.

Women's Super League
Arsenal v Birmingham
Sun, 11.45am, BBC Two
The league table's top and tail teams go head to head at Meadow Park.

Premier League Football
Man City v Man United
Sun, 4pm, Sky Sports Main Event
Second Manchester derby of the season from Etihad Stadium.

International Test Cricket
West Indies v England
Tue, 1pm, BT Sport 1
Day one of the first Test of three, from Sir Vivian Richards Stadium.

Uefa Champions League Football
Liverpool v Inter Milan
Tue, 7pm, BT Sport 2
The last-16 second-leg tie at Anfield.

Uefa Champions League Football
Man City v Sporting Lisbon
Wed, 7pm, BT Sport 2
The last-16 second-leg match.

Six Nations Rugby Union
Wales v France
Fri, 7.30pm, BBC One
The penultimate fixture from Principality Stadium in Cardiff.

NIKO TAVERNISE/ALLSTAR; 20TH CENTURY FOX

Saturday

Killing Eve, BBC One

BBC One

6.0 Breakfast (T) **10.0** Saturday Kitchen Live (T) **11.30** Rick Stein's Cornwall (T) (R) **12.0** Football Focus (T) **1.0** News (T) **1.10** Weather (T) **1.15** Bargain Hunt (T) (R) **2.0** Money for Nothing (T) (R) **2.45** Escape to the Country (T) (R) **3.45** Garden Rescue (T) (R) **4.30** Final Score (T) **5.30** Superman & Lois (T) **6.10** News (T) **6.20** Regional News and Weather (T) **6.25** Weather (T) **6.30 Celebrity Mastermind** (T) **7.0 The Wall Versus Celebrities** (T) **7.45** Pointless Celebrities (T)

8.35 Casualty (T) Matthew struggles to suppress his past trauma, while Marty's relationship is put to the test.

9.15 Killing Eve (T) New series. Villanelle has embraced a new way of life, while Eve is on a revenge mission. The final series of the spy thriller, starring Jodie Comer and Sandra Oh.

10.0 News (T) Weather

10.20 Match of the Day (T) Liverpool v West Ham, and Burnley v Chelsea.

11.45 FILM **A Time to Kill** (Joel Schumacher, 1996) (T) Courtroom drama, starring Samuel L Jackson and Matthew McConaughey.

2.10 Weather for the Week Ahead (T) **2.15** News (T)

BBC Two

6.40 Blue Peter (T) (R) **7.10** Deadly 60 (T) (R) **7.40** Malory Towers (T) (R) **8.30** FILM The Good Dinosaur (Peter Sohn, 2015) (T) **10.0** Forces of Nature With Brian Cox (T) (R) **11.0** Earth's Greatest Spectacles (T) (R) **12.0** Great British Menu (T) (R) **2.0** FILM Half a Sixpence (George Sidney, 1967) (T) **4.20** Flog It! (T) (R) **5.0** Match of the Day Live (T) Chelsea Women v Manchester City Women (kick-off 5.15pm). **7.35** Grand Tours of Scotland's Lochs (T) (R)

8.05 The Perfect Morecambe & Wise (T) (R) With Glenda Jackson. Last in the series.

8.35 TOTP: The Story of 1990 (T) (R) With Adamski, Orbital, 808 State and Betty Boo.

9.35 Top of the Pops: Big Hits 1990 (T) (R) Performers include Adamski featuring Seal, Vanilla Ice, Beats International and En Vogue.

10.35 Mariah Carey at the BBC (T)

11.35 Later Presents: The Beautiful South in Concert (T) (R) A 1997 performance.

12.40 Top of the Pops: Kylie Minogue (T) (R) **1.10** Phil Collins at the BBC (T) (R) **2.10** FILM The Levelling (Hope Dickson Leach, 2016) (T) Rural drama, starring Ellie Kendrick.

ITV

6.0 CITV 9.25 News (T) **9.30** James Martin's Saturday Morning (T) **11.40** Simply Raymond Blanc (T) **12.45** News and Weather (T) **1.0** ITV Racing: Live from Kelso (T) **4.0** Tipping Point: Best Ever Finals (T) (R) **4.30** The Chase Celebrity Special (T) (R) **5.30** News and Weather (T) **5.45** Local News (T) **6.0** Celebrity Catchphrase (T) **7.0** Ant & Dec's Saturday Night Takeaway (T)

8.30 Starstruck (T) Olly Murs hosts as four teams become their music idols. With judges Adam Lambert, Sheridan Smith, Beverley Knight and Jason Manford.

9.40 Paul Sinha's TV Showdown (T) TV-themed comedy quiz show with guests Joanna Page, Jenny Powell, Adam Thomas and David Baddiel.

10.25 News (T) Weather

10.40 FILM **Ocean's Twelve** (Steven Soderbergh, 2004) (T) The crooks reunite when an old enemy demands they repay the money they stole. Crime caper sequel, starring George Clooney and Brad Pitt.

1.0 Shop: Ideal World 3.0 Living on the Veg **3.50** Unwind With ITV **5.05** Alphabetical (R)

Channel 4

6.0 Winter Paralympics Live (T) **8.0** Winter Paralympics Breakfast (T) **9.0** The Simpsons (T) (R) **10.30** Couples Come Dine With Me (T) (R) **11.35** Four in a Bed (T) (R) **2.10** FILM Evolution (Ivan Reitman, 2001) (T) **4.10** Changing Rooms (T) (R) **5.10** Kirstie and Phil's Love It Or List It: Brilliant Builds (T) **5.45** News (T) **6.15** Winter Paralympics: Today in Beijing (T) **6.45** FILM Jumanji: Welcome to the Jungle (Jake Kasdan, 2017) (T)

9.0 The National Comedy Awards for Stand Up to Cancer (T) Tom Allen hosts the first National Comedy Awards ceremony from the Roundhouse in Camden, London, with the winners chosen by the votes of the British public.

11.05 Sean Lock: Keep It Light (T) (R) The standup star captured live on stage, talking about everything from the price of cinema food and mid-life crises to his behaviour on the internet and jewellery heists.

12.05 8 Out of 10 Cats Does Countdown (T) (R) **1.0** Winter Paralympics Live (T)

Channel 5

6.0 Milkshake! 10.0 SpongeBob SquarePants (T) (R) (T) **10.25** Entertainment News (T) **10.30** Friends: Best of Monica (T) (R) **1.0** George Clarke's Build a New Life in the Country (T) (R) **2.55** Jane McDonald Cruising USA (T) (R) **4.25** Jane McDonald: My Yorkshire (T) (R) **5.25** News (T) **5.30** Carol Drinkwater's Secret Provence (T) (R) **6.30** Dunkirk: Mission Impossible (T) **7.30** Secrets of the Royal Gardens (T)

8.30 Last of the Summer Wine: 30 Years of Laughs (T) A celebration of the BBC comedy series that ran from 1973 to 2010, with contributions by members of cast and crew, families of the stars and celebrity fans.

10.0 The Unforgettable Cilla Black (T) (R)

11.30 Greatest Hits of the 70s: Part 1 (T) (R)

1.0 The Live Casino Show (T) **3.10** 1991: Britain's Biggest Hits (T) (R) **4.20** Casualty 24/7: Every Second Counts (T) (R) **5.10** Great Artists (T) (R) **5.35** Peppa Pig (T) (R) **5.40** Thomas & Friends (R)

BBC Four

7.0 Lost Cities of the Ancients (T) (R) The discoveries made by archaeologists who uncovered the lost city of Hattusha in modern-day Turkey. Last in the series.

8.0 Arctic With Bruce Parry (T) (R) The explorer visits Inuit communities in the far north of Greenland.

9.0 FILM **La Belle Époque** (2019) (R) A man in a failing marriage loses himself in a recreation of the week he first met his wife. Romantic comedy, starring Daniel Auteuil and Fanny Ardant.

10.55 Wogan: The Best Of (T) (R) Includes a cartwheeling Nicolas Cage.

11.40 FILM **Harry Birrell Presents Films of Love & War** (Matt Pinder, 2019) (T) (R) The life of Harry Birrell, who recorded his life in hundreds of home movies.

1.10 Arctic (T) (R) **2.10** Lost Cities of the Ancients (T) (R)

Other channels

BBC Three

7.0pm EastEnders **7.30** EastEnders **7.50** Gossip Girl **8.30** Gossip Girl **9.10** Gassed Up **10.0** Obsessed With: Killing Eve **10.30** Mood **11.15** FILM Election (1999) **12.55** Eating With My Ex **1.25** RuPaul's Drag Race: UK Versus the World **2.25** The Fast and the Farmer-ish **2.55** Bad Love: Why Did Fri Kill Kyle?

Dave

6.0am Teleshopping **7.10** Ultimate Movers **8.0** Rick Stein's Road to Mexico **9.0** Rick Stein's Long Weekends **10.0** American Pickers **12.0** Storage Hunters UK **1.0** Top Gear: Ambitious But Rubbish **2.0** Top Gear **3.0** Red Bull Soapbox Race **4.0** Top Gear: Ambitious But Rubbish **5.0** Top Gear: Ambitious But Rubbish **6.0** Would I Lie to You? **6.40** Would I Lie to You? **7.20** Would I Lie to You? **8.0** Not Going Out **8.40** Not Going Out **9.20** Not Going Out **10.0** Mel Giedroyc: Unforgivable **11.0** QI XL **12.0** Have I Got a Bit More News for You **1.0** Jon Richardson: Ultimate Worrier **2.0** Not Going Out **2.30** Not Going Out **3.10** British As Folk **4.0** Teleshopping

E4

6.0am Mike & Molly **6.30** Lego Masters Australia **8.10** Don't Tell the Bride **10.15** Married at First Sight Australia **11.45** Married at First Sight Australia **1.20** Ramsay's Kitchen Nightmares USA **3.15** Ramsay's 24 Hours to Hell and Back **4.15** FILM Bumblebee (2018) **6.30** The Big Bang Theory **7.0** The Big Bang Theory **7.30** The Big Bang Theory **8.0** The Big Bang Theory **8.30** The Big Bang Theory **9.0** Celebrity Gogglebox **10.0** Gogglebox **12.10** First Dates **1.15** First Dates **2.20** Celebrity Gogglebox **3.15** Gogglebox **4.10** Don't Tell the Bride **5.05** Don't Tell the Bride

Film4

11.0am FILM Carry on Nurse (1959) Comedy, starring Hattie Jacques. **12.45** FILM Wonder Park (2019) Animated family adventure, with the voice of Mila Kunis. **2.25** FILM Ice Age: Collision Course (2016) Animated sequel, with the voice of Ray Romano. **4.15** FILM The Karate Kid (1984) Martial arts drama, starring Ralph Macchio and Pat Morita. **6.40** FILM Charlotte Gray (2001) Second world war drama, starring Cate Blanchett. **9.0** FILM Hancock (2008) Superhero comedy, starring Will Smith and Jason Bateman. **10.45** FILM Brightburn (2019) Superhero horror, starring Elizabeth Banks. **12.35** FILM Her Smell (2018) Drama, starring Elisabeth Moss.

ITV2

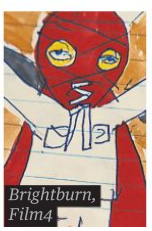
6.0am Totally Bonkers Guinness World Records **6.35** Coronation Street Omnibus **8.25** Secret Crush **9.25** Secret Crush **10.25** Dress to Impress **11.25** Dress to Impress **12.25** Catchphrase **1.10** You've Been Framed! Full Throttle **2.15** FILM Step Up All In (2014) **4.25** FILM Hotel Transylvania (2012) **6.15** FILM The Amazing Spider-Man 2 (2014) **9.0** FILM 22 Jump Street (2014) **11.15** Family Guy **12.10** American Dad! **1.10** Crossing Swords **2.10** Plebs **2.40** Plebs **3.10** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Stop, Search, Seize **8.0** The Flash **11.0** A League of Their Own **1.0** A League of Their Own **2.0** Hawaii Five-0 **5.0** Karl Pilkington: The Moaning of Life **6.0** Karl Pilkington: The Moaning of Life **7.0** Agatha Raisin **8.0** Agatha Raisin **9.0** Strike Back: Shadow Warfare **10.0** The Flight Attendant **11.0** Resident Alien **12.0** Dating No Filter **12.40** The Ultimate Adventure Movies **1.35** Road Wars **2.30** Road Wars **3.0** Brit Cops: Law & Disorder **4.0** Caught on Dashcam

Sky Arts

6.0am The South Bank Show Originals **6.30** Fiddler: A Miracle of Miracles **8.30** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Tales of the Unexpected **11.0** Discovering: Carole Lombard **12.0** Discovering: Robert Duvall **1.0** Landscape Artist of the Year 2022 **2.0** Landscape Artist of the Year: Celebrity Special **3.0** Soundbreaking **4.50** Tina Turner: Live in Barcelona **7.0** Elvis Presley: A Legend in Concert **8.0** Music Icons: Soul R&B **8.30** Video Killed the Radio Star **9.0** Tina Turner: One Last Time - Live at Wembley Stadium **11.0** Pink Floyd: Live in Venice **12.15** Classic Albums **1.15** The Directors **2.10** Soul Power! **3.10** Soul Power! **4.10** Brian Johnson's A Life on the Road **5.05** Music Videos That Defined the 2000s


Brightburn, Film4

Sky Atlantic

6.0am The British **7.0** The British **8.0** The British **9.0** The British **10.0** Six Feet Under **11.05** Six Feet Under **12.10** Six Feet Under **1.20** Six Feet Under **2.25** Six Feet Under **3.35** The Sopranos **4.35** The Sopranos **5.40** The Sopranos **6.50** The Sopranos **8.0** The Sopranos **9.0** Game of Thrones **10.05** Game of Thrones **11.10** Game of Thrones **12.15** Game of Thrones **1.20** Game of Thrones **2.25** In Treatment **3.0** In Treatment **3.30** In Treatment **4.0** Richard E Grant's Hotel Secrets

Radio

Radio 3

7.0am Breakfast **9.0** Record Review. Sarah Willis picks her favourite recording of Britten's Serenade for Tenor, Horn and Strings, and Tom Service reviews recordings of Bruckner's symphonies. **11.45** Music Matters. With Tom Service. **12.30** This Classical Life. In a special show for International Women's Day, Jess Gillam is joined by composer Anna Meredith to share tracks by female artists. **1.0** Inside Music. Lute player Elizabeth Kenny chooses a selection of pieces. **3.0** Sound of Gamin. Louise Blain explores music for games set at sea. **4.0** Music Planet. Kathryn Tickell presents the latest roots-based music, including a Road Trip to Barbados with DJ and presenter Alex Jordan. **5.0** J to Z. Jumoke Fashola marks International Women's Day with a Toronto concert by all-star band Artemis. **6.30** Opera on 3. A Royal Opera House production of Handel's Theodora, with Julia Bullock, Joyce DiDonato and Jakub Józef Orliński starring in Katie Mitchell's new interpretation of the story, conducted by Harry Bicket. **10.0** New Music Show. Mauro Lanza and Andrea Valle's Systema Naturae 1 & 2 performed by Explore Ensemble. **12.0** Freeness: Common Tongue **1.0** Through the Night

Radio 4

6.0am News and Papers **6.07** Ramblings. Clare Balding walks the Monarch's Way, beginning at Powick Bridge. (R) **6.30** Farming Today This Week **6.57** Weather **7.0** Today **8.31** (LW) Yesterday in Parliament **9.0** Saturday Live **10.30** Rewinder. Greg James uses current stories to examine ones from the past. (4/4) **11.0** The Week in Westminster **11.30** From Our Own Correspondent **12.0** News **12.01** (LW) Shipping Forecast **12.04** Money Box **12.30** The News Quiz (10/10) **12.57** Weather **1.0** News **1.10** Any Questions? (R) **2.0** Any Answers? **2.45** 39 Ways to Save the Planet. Ideas on cutting carbon emissions due to the transportation of chilled food. (R) **3.0** Bed for the Night. Drama, by David Pownall. **4.0** Weekend Woman's Hour **5.0** Saturday PM **5.30** The Bottom Line (R) **5.54** Shipping Forecast **5.57** Weather **6.0** News **6.15** Loose Ends. Anneka Rice is joined by Philippa Perry, Catherine Bohart, Judi Jackson and Mica Millar. **7.0** Profile **7.15** This Cultural Life **8.0** Archive on 4: **Disgusted, Mary Whitehouse** Samira Ahmed assesses the life and legacy of Mary Whitehouse through her diaries and those who knew her. **9.0** Riot Girls: Susan. It is 1975 and Susan makes the radical decision to leave her husband and take her two children to join a commune. Drama, by Lucy Catherine, starring Sarah Thom. (R) **9.45** Enchanted Isle. Arawn and Her Dogs, by Eluned Gramich. (R) **10.0** News **10.15** The Moral Maze (R) **11.0** Counterpoint. The first semi-final. (R) **11.30** Pony Tales. The appeal of ponies to girls and some post-menopausal women. (R) **12.0** News and Weather **12.15** Tom Mayhew Is Benefit Scum. The comedian takes a sideways look at the benefit system. (R) **12.30** Short Works. Soft Boiled Eggs, by Jane Fraser. (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Bells on Sunday. From St Peter in Woolton, Liverpool. **5.45** Profile (R)

Radio 4 Extra

6.0am The Member of the Wedding **7.20** Inheritance Tracks **7.30** Great Lives **8.0** Booked (3/6) **8.30** All the Young Dudes (4/6) **9.0** Last Post for the Men of Letters **12.0** The Personality Test (1/4) **12.30** Alexei Sayle's Imaginary Sandwich Bar (1/4) **1.0** Joni Mitchell Taught Me How to Feel **2.0** Chain Reaction (1/6) **2.30** HR (1/6) **3.0** Elis James' Pantheon of Heroes (1/6) **3.30** Listen Against (1/4) **4.0** The Member of the Wedding **5.20** Inheritance Tracks **5.30** Great Lives **6.0** The Prisoner (3/5) **6.55** Somebody **7.0** Last Post for the Men of Letters **10.0** Little Lifetimes (4/6) **10.15** Earls of the Court (4/6) **10.30** Chain Reaction (2/6) **11.0** The Simon Day Show (1/6) **11.30** Hut 33 (3/6) **12.0** The Prisoner (3/5) **12.55** Somebody **1.0** Joni Mitchell ... **2.0** Chain Reaction (1/6) **2.30** HR (1/6) **3.0** Elis James ... (1/6) **3.30** Listen Against (1/4) **4.0** The Member of the Wedding **5.20** Inheritance Tracks **5.30** Great Lives

Sunday

Misbehaviour, BBC Two

BBC One

6.0 Breakfast (T) **7.30** Match of the Day (T) (R) **9.0** Sunday Morning (T) **10.0** Politics England (T) **10.30** Homes Under the Hammer (T) (R) **11.30** Wanted Down Under Revisited (T) (R) **12.15** Bargain Hunt (T) (R) **1.0** News (T) **1.10** Weather (T) **1.15** Songs of Praise (T) **1.50** Escape to the Country (T) (R) **2.45** Money for Nothing (T) (R) **3.15** Fantastic Beasts: A Natural History (T) (R) **4.15** FILM Ant-Man (2015) (T) **6.05** News (T) **6.20** Regional News and Weather **6.30** Extraordinary Portraits **7.0** Countryfile

8.0 Antiques Roadshow (T) The experts visit Ham House in the London borough of Richmond.

9.0 Peaky Blinders (T) Tommy gets involved in a power game with fascists and Boston gangsters. As the players involved plan to double cross him, Tommy visits an old ally in Camden.

10.0 News (T)
10.20 Regional News (T) Weather
10.30 Match of the Day 2 (T) Man City v Man United, and Watford v Arsenal.
11.30 The Women's Football Show (T) Arsenal v Birmingham, and Man City v Everton.
12.05 Question of Sport (T) (R) **12.35** Weather for the Week Ahead (T) **12.40** News (T)

BBC Two

6.15 James Wong and the Malaysian Garden (T) (R) **7.15** Countryfile (T) (R) **8.15** Your Garden Made Perfect (T) (R) **9.15** Saturday Kitchen Best Bites (T) **10.45** Great British Menu (T) (R) **11.45** Match of the Day Live: Women's Super League (T) Arsenal v Birmingham City (kick-off noon). **2.10** FILM McFarland, USA (2015) (T) **4.15** Humpback Whales: A Detective Story (T) (R) **5.15** Flog It! (T) (R) **6.15** Scotland's Sacred Islands With Ben Fogle (T) (R) **7.15 Stanley Tucci: Searching for Italy** (T)

8.0 Wonders of the Celtic Deep (T) Siân Phillips meets conservation heroes from across Wales. Last in series.

9.0 FILM **Misbehaviour** (2020) (T) The women's liberation movement plan to disrupt the 1970 Miss World event. Comedy-drama, starring Keira Knightley, Gugu Mbatha-Raw and Jessie Buckley.

10.40 Miss World 1970: Beauty Queens and Bedlam (T) (R) The story of the protest at the contest, when protestors kickstarted a feminist revolution in front of an audience of millions.
11.40 What We Do in the Shadows (T) (R) Four episodes.
1.10 Sign Zone Question Time (T) (R) **2.10** Holby City (T) (R)

ITV

6.0 CITV 9.25 News (T) **9.30** Dickinson's Real Deal Winners (T) **10.0** Love Your Weekend With Alan Titchmarsh (T) **12.0** Love Your Garden (T) (R) **12.30** The Pet Show (T) (R) **1.30** News and Weather (T) **1.40** The Masked Singer US (T) (R) **2.35** FILM Liar Liar (Tom Shadyac, 1997) (T) **4.10** FILM Uncle Buck (John Hughes, 1989) (T) **6.0** News and Weather (T) **6.15** Local News and Weather (T) **6.30** Dancing on Ice (T)

8.0 Coronation Street (T) Abi uses drugs to block out her pain, while Kevin makes a surprise return home.

9.0 The Ipcress File (T) New series. Army corporal Harry Palmer is recruited to help find an abducted scientist. Cold war spy thriller adapted from the Len Deighton novel, starring Joe Cole.

10.0 News (T) Weather
10.20 Against the Odds (T) (R) The story of England rugby union international Kyle Sinckler.
11.15 Premiership Rugby Union Highlights (T) Saracens v Leicester, and Exeter Chiefs v Sale Sharks.
12.05 Shop: Ideal World 3.0 Million Pound Pawn (T) (R) **3.50** Unwind With ITV

Channel 4

6.0 Winter Paralympics Live (T) **8.0** Winter Paralympics Breakfast (T) **9.0** The Simpsons (T) (R) **9.30** Sunday Brunch (T) **12.30** The Simpsons (T) (R) **2.55** FILM Kung Fu Panda (John Stevenson, Mark Osborne, 2008) (T) **4.45** Chateau DIY (T) (R) **5.50** Devon and Cornwall (T) (R) **6.45** News (T) **7.15** Winter Paralympics: Today in Beijing (T)

7.45 The Great Pottery Throw Down: The Final (T) The contestants must create a garden sculpture that tells their life story. Last in the series.
9.0 Celebrity Hunted (T) Iwan Thomas hides in a warehouse, unaware that the hunters are closing in. Last in the series.

10.0 The Curse (T) Mick and Phil buy a nightclub in Soho.
10.30 Gogglebox (T) (R)
11.35 First Dates (T) (R) A look back at some memorable pairs of double daters in the programme's history.
12.30 24 Hours in A&E (T) **1.10** Winter Paralympics Live (T) **3.30** Winter Paralympics Live (T) Action from Beijing.

Channel 5

6.0 Milkshake! 10.0 SpongeBob SquarePants (T) (R) **10.30** Friends: Best of Monica (T) (R) **12.55** FILM Sweet Home Alabama (Andy Tennant, 2002) (T) **3.10** FILM Appointment With Death (Michael Winner, 1988) (T) **5.20** FILM Miss Willoughby Mysteries (Brad Watson, 2021) (T) **6.55** News (T) **7.0** Filthy Garden SOS (T) (R)

8.0 Bargain-Loving Brits in the Sun (T) The programme meets the owner of the Costa del Sol's oldest British fish and chip shop.

9.0 Jane McDonald: My Yorkshire (T) The singer and her best friend Sue Ravey head to North Yorkshire to take a tandem cycle tour of Knaresborough.

10.0 Upgrade Me: Secrets of the First Class Flight (T) (R)
10.55 Funniest Ever TV Cock-Ups 2
1.0 The Live Casino Show (T) **3.10** Police Interceptors (T) (R) **4.0** Britain's Greatest Bridges (T) (R) **4.45** Wildlife SOS (T) (R) **5.10** Great Scientists (T) (R) **5.35** Peppa Pig (T) (R) **5.40** Thomas & Friends (T) (R)

BBC Four

7.0 The Birth of British Music (T) (R) Charles Hazlewood explores the legacy of 18th-century Austrian composer Joseph Haydn.

8.0 Female Film-Makers: BBC Introducing Arts (T) Cultural historian Janina Ramirez presents a collection of intriguing short films.

9.0 Lights Up: Rough Girls (T) Drama by Tara Lynne O'Neill chronicling the courage and determination of the first women's football team in Northern Ireland.

10.30 Imagine: Edna O'Brien – Fearful and Fearless (T) (R) Alan Yentob meets the Irish novelist.
11.35 Arena: Delia Derbyshire – The Myths and the Legendary Tapes (T) (R)
1.10 A Garden in Snowdonia (T) (R) **1.40** The Birth of British Music (T) (R) **2.40** Imagine: Edna O'Brien (T) (R)

Other channels

BBC Three

7.0pm EastEnders **7.30** EastEnders **8.0** Gassed Up **8.45** Zen Motoring **9.0** Zara McDermott: Uncovering Rape Culture **10.0** RuPaul's Drag Race: UK Versus the World **11.05** Starstruck **11.30** Eating With My Ex **12.0** Nail Bar Boys **12.30** Bad Love: Why Did Fri Kill Kyle? **1.30** Zara McDermott: Uncovering Rape Culture **2.30** The Fast and the Farmer-ish **3.0** Gassed Up

Dave

6.0am Teleshopping **7.10** Ultimate Movers **8.0** Rick Stein's Long Weekends **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Expedition With Steve Backshall **11.0** World's Most Dangerous Roads **12.0** Top Gear **1.0** Special Ops: Crime Squad UK **2.0** Fast Justice **3.0** Top Gear **4.0** Would I Lie to You? **4.40** Would I Lie to You? **5.20** Would I Lie to You? **6.0** Top Gear **7.0** Special Ops: Crime Squad UK **8.0** QI XL **9.0** Have I Got a Bit More News for You **10.0** Outsiders **11.0** QI XL **12.0** Alan Davies: As Yet Untitled **1.0** Live at the Apollo **2.0** Have I Got a Bit More News for You **3.05** British As Folk **4.0** Teleshopping

E4

6.0am Hollyoaks Omnibus **8.25** Rude(ish) Tube Shorts **8.45** Married at First Sight Australia **10.20** Married at First Sight Australia **11.50** The Real Dirty Dancing **12.55** The Real Dirty Dancing **1.55** Teen First Dates **3.0** The Big Bang Theory **5.40** Lego Masters Australia **7.05** FILM Crocodile Dundee (1986) **9.0** FILM Knight and Day (2010) **11.05** Naked Attraction **12.10** Naked Attraction **1.15** Gogglebox **2.20** Below Deck: Mediterranean **3.10** Mike & Molly **3.35** Hollyoaks Omnibus

Film4

11.0am FILM Sense and Sensibility (1995) **1.45** FILM A Dog's Purpose (2017) **4.0** FILM Star Trek II: The Wrath of Khan (1982) Sci-fi adventure sequel, starring William Shatner and Ricardo Montalban. **6.15** FILM Master and Commander: The Far Side of the World (2003) Drama based on Patrick O'Brian's novels, starring Russell Crowe and Paul Bettany. **9.0** FILM Peppermint (2018) Revenge thriller, starring Jennifer Garner. **11.0** FILM You Were Never Really Here (2017) Psychological thriller, starring Joaquin Phoenix. **12.50** FILM Mr & Mrs Smith (2005) Comedy adventure, starring Brad Pitt and Angelina Jolie.

ITV2

6.0am Totally Bonkers Guinness World Records **6.25** Secret Crush **7.30** Secret Crush **8.20** Dress to Impress **9.20** Dress to Impress **10.20** Dress to Impress **11.20** Celebrity Supermarket Sweep **12.20** Celebrity Catchphrase **1.20** You've Been Framed! Gold **1.50** You've Been Framed! Gold: Harry's Favourites **2.50** FILM The Pirates! In An Adventure With Scientists! (2012) **4.45** FILM Hotel Transylvania 2 (2015) **6.30** FILM Stardust (2007) **9.0** FILM Fast & Furious 6 (2013) **11.30** Family Guy **12.0** Family Guy **12.30** American Dad! **1.0** American Dad! **1.30** The Stand Up Sketch Show **2.0** Shopping With Keith Lemon **2.30** Don't Hate the Playaz **3.15** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Hour of Power **7.0** Highway Cops **7.30** Stop, Search, Seize **8.30** Supergirl **9.30** Supergirl **10.30** Supergirl **11.30** Magnum PI **12.30** NCIS: New Orleans **1.30** NCIS: New Orleans **2.30** NCIS: New Orleans **3.30** NCIS: New Orleans **4.30** The Ultimate Adventure Movies **5.30** Dating No Filter **6.0** A League of Their Own **7.0** A League of Their Own **8.0** Resident Alien **9.0** Magnum PI **10.0** NCIS: New Orleans **11.0** Brassic **12.0** Brassic **1.0** SEAL Team **2.0** The Force: North East **3.0** Brit Cops: Law & Disorder **4.0** Highway Cops **4.30** Highway Cops **5.0** Highway Cops

Sky Arts

6.0am Arts Uncovered: Gary James McQueen **6.20** La Bohème on Sydney Harbour **8.30** Tales of the Unexpected **9.0** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Tales of the Unexpected **10.30** Inside Art: Derek Jarman at Manchester Art Gallery **11.0** Landscape Artist of the Year 2022 **12.0** Landscape Artist of the Year: Celebrity Special **1.0** Discovering: Jack Nicholson **2.0** The Big Design Challenge **3.0** FILM Passport to Pimlico (1949) **4.40** Tina Turner: One Last Time – Live at Wembley Stadium **6.40** Eric Clapton: Planes, Trains and Eric **8.30** Discovering: Stevie Wonder **9.0** FILM Tina (2021) **11.10** The Eagles: Live from the LA Forum **2.05** Soul Power! **3.05** My View: Clem Burke **4.05** The Sixties **5.0** Discovering: Simply Red **5.30** Discovering: The Smiths

Passport to Pimlico, Sky Arts

Sky Atlantic

6.0am The British **9.50** In Treatment **10.20** Six Feet Under **11.25** Six Feet Under **12.30** Six Feet Under **1.40** Six Feet Under **2.45** Six Feet Under **3.50** The Sopranos **5.0** The Fear Index **6.0** The Fear Index **7.0** The Fear Index **8.0** The Fear Index **9.0** The Gilded Age **10.05** Billions **11.10** Succession **12.15** Euphoria **1.20** In Treatment **2.55** Billions **4.0** Storm City

Radio

Radio 3

7.0am Breakfast **9.0** Sunday Morning **12.0** Private Passions. With the broadcaster Esther Rantzen. **1.0** Lunchtime Concert. With soprano Dorothee Mields and fortepianist Tobias Koch. (R) **2.0** The Early Music Show. Music and wines associated with 18th-century Venice during Carnevale. **3.0** Choral Evensong (R) **4.0** Jazz Record Requests **5.0** The Listening Service **5.30** Words and Music **6.45** Sunday Feature: Florence Price's Chicago and the Black Female Fellowship. Samantha Ege looks at how a musical sisterhood helped the composer Florence Price to thrive. **7.30** Drama on 3: The A to Z of Things – M Is for Mussels. By Lara Barbier. **8.0** Drama on 3: The A to Z of Things – D Is for Dwelling. By Nash Colundalur. **8.30** In Concert. From London's Barbican, musicians from the Guildhall School of Music and Drama play Messiaen's Quartet for the End of Time. **9.30** Record Review Extra **11.0** The Electronic Century With Gabriel Prokofiev (R) **12.0** Classical Fix. A classical playlist for singer-songwriter Sigrid. **12.30** Through the Night

Radio 4

6.0am News Headlines **6.05** Something Understood (R) **6.35** Natural Histories: Toad (R) **6.57** Weather **7.0** News **7.0** Sunday Papers **7.10** Sunday **7.54** Radio 4 Appeal: Play Action International **7.57** Weather **8.0** News **8.0** Sunday Papers **8.10** Sunday Worship **8.48** A Point of View (R) **8.58** Tweet of the Day (R) **9.0** Broadcasting House **10.0** The Archers (R) **11.0** Desert Island Discs. With the dancer Oti Mabuse. **11.45** The Art and Science of Blending: Art or Science? (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Just a Minute (R) **12.32** The Food Programme. Jaega Wise investigates the intriguing history of spam. **12.57** Weather **1.0** The World This Weekend **1.30** The Archbishop Interviews. Justin Welby speaks to Tony Blair. (3/6) **2.0** Gardeners' Question Time (R) **2.45** The Seventh Test. Drama, by Vikas Swarup. (R) **3.0** White Debt. Patricia Cumper's dramatisation of Thomas Harding's book. (2/2) **4.0** Bookclub. Sarah Moss answers listener questions about her novel The Tidal Zone. **4.30** Egypt's New Capital. The project to build a brand new Cairo in the desert. **5.0** File on 4: The Paedophile Preacher (R) **5.40** Profile (R) **5.54** Shipping Forecast **5.57** Weather **6.0** News **6.15** Pick of the Week **7.0** The Archers **7.15** Now You're Asking With Marian Keyes and Tara Flynn (9/10) **7.45** Bright Lights, Dead City. By Séamas O'Reilly. (9/10) **8.0** More Or Less (R) **8.30** Last Word (R) **9.0** Money Box (R) **9.25** Radio 4 Appeal: Play Action International (R) **9.30** Analysis (R) **9.59** Weather **10.0** The Westminster Hour **11.0** The Curious Cases of Rutherford & Fry (R) **11.30** Something Understood (R) **12.0** News and Weather **12.15** Wireless Nights (R) **12.45** Bells on Sunday (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day (R)

Radio 4 Extra

6.0am The Librarian Omnibus: Part One **7.10** Inheritance Tracks **7.20** The L Shaped Room Omnibus: Part One (1-5/10) **8.30** Doctor in the House (4/13) **9.0** All Gas and Gaiters (8/20) **9.30** Boswell's Lives (2/4) **10.0** Desert Island Discs **10.45** The Curious Cases of Rutherford & Fry (4/6) **11.0** The Moth Radio Hour (2/8) **11.55** Inheritance Tracks **12.0** Poetry Extra **12.30** HR (2/6) **1.0** The House By the Lake: A Story of Germany Omnibus **2.10** Inheritance Tracks **2.20** Les Misérables Omnibus: Part Four **3.30** Yellowstone Wolves **4.0** Red Star Belgrade **5.0** Poetry Extra **5.30** HR (2/6) **6.0** Here Am I Where Are You? **6.45** Hurst of Hurstcote **7.0** The Moth Radio Hour (2/8) **7.55** Inheritance Tracks **8.0** Red Star Belgrade **9.0** Desert Island Discs **9.45** The Curious Cases of Rutherford & Fry (4/6) **10.0** HR (2/6) **10.30** Delve Special (1/4) **11.0** In and Out of the Kitchen (5/6) **11.30** The Masterson Inheritance (6/6) **12.0** Here Am I Where Are You? **12.45** Hurst of Hurstcote **1.0** The House By the Lake: A Story of Germany **2.10** Inheritance Tracks **2.20** Les Misérables Omnibus **3.30** Yellowstone Wolves **4.0** Red Star Belgrade **5.0** Poetry Extra **5.30** HR (2/6)

Monday

Our House, ITV

BBC One

6.0 **Breakfast** (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) **11.15** Homes Under the Hammer (T) (R) **12.15** Bargain Hunt (T) **1.0** News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) **3.45** Garden Rescue (T) (R) **4.30** Antiques Road Trip (T) (R) **5.15** Pointless (T) (R) **6.0** News (T) **6.30** Regional News and Weather (T) **7.0** The One Show (T) **7.30** EastEnders (T)

8.0 **Panorama: Manchester Arena Bombing – Saffie's Story** (T) Investigation.
8.30 **We Are England** (T) Regional current affairs reports.
9.0 **Katie Price: What Harvey Did Next** (T) Documentary following Harvey as he turns 19 and starts his first term at a specialist college for students with disabilities.

10.0 **News** (T)
10.25 **Regional News** (T) Weather
10.35 **Extraordinary Portraits** (T) (R) Photographer Christy Lee Rogers works with Cee Cee, a model with albinism.
11.05 **The Graham Norton Show** (T) (R) Highlights show.
11.55 **The Wall Versus Celebrities**
12.45 **Killing Eve** (T) (R) **1.30** Weather (T) **1.35** News (T)

BBC Two

6.45 **Marcus Wareing's Tales from a Kitchen Garden** (T) (R) **7.15** Bargain Hunt (T) (R) **8.0** Sign Zone: Amazing Hotels – Life Beyond the Lobby (T) (R) **9.0** News (T) **12.15** Politics Live (T) **1.0** Ready Steady Cook (T) (R) **1.45** Eggheads (T) (R) **2.15** Put Your Money Where Your Mouth Is (T) (R) **3.0** The Heights (T) (R) **3.30** Murder, Mystery and My Family (T) (R) **4.15** Sacred Wonders of Britain (T) (R) **5.15** Flog It! (T) (R) **6.0** House of Games (T) **6.30** Tales from a Kitchen Garden (T) **7.0** Doctors (T) (R) **7.30** Cook, Eat, Repeat (T) (R)

8.0 **Mastermind** (T) The second semi-final, with subjects including the Bill & Ted films and 1990s drum'n'bass.
8.30 **University Challenge** (T) Another quarter-final match.
9.0 **The Real Peaky Blinders** (T) Part one of two. Carl Chinn explores the real-life stories of the Birmingham gangs that inspired the BBC drama.

10.0 **Couples Therapy** (T)
10.25 **Natural World: Africa's Lion Kings** (T) (R)
10.30 **Newsnight** (T) Weather
11.15 FILM **The Man With the Iron Heart** (Cédric Jimenez, 2017) (T) Second world war thriller, starring Jason Clarke and Rosamund Pike.
1.10 **Sign Zone Countryfile** (T) (R) **2.05** Fraud Squad (T) (R)

ITV

6.0 **Good Morning Britain** (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **4.0** Tipping Point (T) **5.0** The Chase (T) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 **Coronation Street** (T) Kelly struggles to balance caring for Laura with her other commitments.
9.0 **Our House** (T) New series. Fi Lawson arrives home to find strangers moving in, and cannot contact her estranged husband. Thriller, starring Tuppence Middleton and Martin Compston.

10.0 **News** (T) Weather
10.30 **Local News** (T) Weather
10.45 **On Assignment** (T) Robert Moore explores the surge in gun violence in the US.
11.15 **Heathrow: Britain's Busiest Airport** (T) (R)
11.45 **All Elite Wrestling: Dynamite**
1.30 **Shop: Ideal World** **3.0** Loose Women (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point

Channel 4

6.0 **Winter Paralympics Live** (T) **8.0** Winter Paralympics Breakfast (T) **9.0** Frasier (T) (R) **10.30** Ramsay's Kitchen Nightmares USA (T) (R) **11.25** News (T) **11.30** Coast vs Country (T) (R) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun: Where Are They Now? (T) **5.0** Four in a Bed (T) **5.30** Come Dine With Me (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T) **7.30** Winter Paralympics: Today in Beijing (T)

8.0 **The Great Cookbook Challenge With Jamie Oliver** (T) The remaining contestants face two semi-final challenges.
9.0 **Moors Murders: The Trial** (T) Hindley's brother-in-law David Smith and journalist Clive Entwistle describe the killers' trial in 1966, and recall the tension in court.

10.0 **Catching a Killer: A Bullet Through the Window** (T) (R) Investigation into a fatal shooting through an open window in Milton Keynes.
11.25 **Women Who Kill** (T) (R) Documentary following three women in prison in America convicted of murder.
12.25 **Celebrity Hunted** (T) (R) **1.15** Winter Paralympics Live (T)

Channel 5

6.0 **Milkshake!** **9.15** Jeremy Vine (T) **12.15** Nightmare Tenants, Slum Landlords (T) (R) **1.10** News (T) **1.15** Home and Away (T) (R) **1.45** Neighbours (T) **2.15** FILM A Daughter's Revenge (Michelle Ouellet, 2020) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** Police Interceptors (T) (R) **7.55** News (T)

8.0 **Traffic Cops** (T) Officers are on the lookout for a car linked to the theft of two motorbikes.
9.0 **Police: Night Shift 999** (T) An officer responds to reports of a break-in at a garage, and police discover a trail of blood leading into a block of flats after receiving a call about a knife fight.

10.0 **Casualty 24/7: Every Second Counts** (T) (R)
11.05 **A&E After Dark** (T) (R)
12.05 **I'm 16 But Look 60** (T) (R) **1.0** The Live Casino Show (T) **3.10** Celebrity 5 Go Fishing (T) (R) **4.0** Britain's Greatest Bridges (T) (R) **4.45** Wildlife SOS (T) (R) **5.10** House Doctor (T) (R) **5.35** Peppa Pig (T) (R) **5.40** Paw Patrol (T) (R)

BBC Four

7.0 **The Lakes With Paul Rose** (T) (R) The explorer visits Windermere in the Lake District. **7.30** Fred Dibnah's Made in Britain (T) (R) Fred collects his MBE.

8.0 **Britain's Lost Masterpieces** (T) (R) Dr Bendor Grosvenor and Emma Dabiri travel to Arbroath to investigate a 16th-century portrait that may be by an old master.
9.0 **The Secret Life of the Mona Lisa** (T) (R) Alan Yentob tells the story of how the Mona Lisa became the world's most famous painting.

10.0 **Da Vinci: The Lost Treasure** (T) (R) Fiona Bruce tells the story of Leonardo da Vinci.
11.0 **Art on the BBC: The Genius of Leonardo Da Vinci** (T) (R)
12.0 **A Garden in Snowdonia** (T) (R) **12.30** The Lakes (T) (R) **1.0** Made in Britain (R) **1.30** Britain's Lost Masterpieces (R) **2.30** The Secret Life of the Mona Lisa (T) (R)

Other channels

BBC Three

7.0pm Meet the Khans Relationship Quiz **7.05** MasterChef Australia **8.25** The Catch Up **8.30** Nail Bar Boys **9.0** **Life and Death in the Warehouse** **10.0** **Starstruck** **10.25** FILM Game Night (2018) **12.0** Nail Bar Boys **12.30** Life and Death in the Warehouse **1.30** Starstruck **1.55** Eating With My Ex **2.25** The Fast and the Farmer-ish **2.55** Gassed Up **3.45** Zen Motoring

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Ultimate Movers **9.0** Storage Hunters UK **10.0** Eddie Eats America **11.0** Expedition With Steve Backshall **12.0** Top Gear **1.0** Fast Justice **2.0** Travel Man: 48 Hours in Slovenia **2.30** Travel Man: 48 Hours in Milan **3.0** Rick Stein: From Venice to Istanbul **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Road to Mexico **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI XL **10.0** Have I Got a Bit More News for You **11.0** Mel Giedroyc: Unforgivable **12.0** Hypothetical **12.40** QI **1.20** Would I Lie to You? **2.0** Live at the Apollo **2.45** Judge Romesh **3.10** Judge Romesh **4.0** Teleshopping

E4

6.0am Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **9.0** The Big Bang Theory **11.0** Young Sheldon **12.0** Brooklyn Nine-Nine **1.0** The Big Bang Theory **1.30** The Big Bang Theory **2.0** The Big Bang Theory **2.30** The Big Bang Theory **3.0** Young Sheldon **3.30** Young Sheldon **4.0** Brooklyn Nine-Nine **4.30** Brooklyn Nine-Nine **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Married at First Sight Australia **9.0** The Real Dirty Dancing **10.0** Naked Attraction **11.05** Gogglebox **12.10** First Dates **1.15** Married at First Sight Australia **2.45** The Real Dirty Dancing **3.40** Below Deck: Mediterranean **4.30** Ramsay's Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM The Man from Colorado (1948) **1.05** FILM The Stranger (1946) **3.0** FILM Arabian Nights (1942) **4.45** FILM The Court-Martial of Billy Mitchell (1955) **6.50** FILM Suffragette (2015) **9.0** FILM 2012 (2009) **12.10** FILM **Ninjababy** (2021) **2.15** FILM The Future (2011)

ITV2

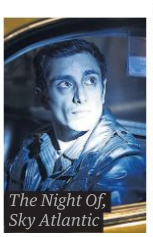
6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! Let Loose! **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Celebrity Tipping Point **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! No Limits! **6.0** Catchphrase Celebrity Special **7.0** Superstore **7.30** Superstore **8.0** Bob's Burgers **8.30** Bob's Burgers **9.0** Family Guy **9.30** Family Guy **10.0** The Stand Up Sketch Show **10.30** Family Guy **10.55** Family Guy **11.25** Crossing Swords **11.55** Crossing Swords **12.25** American Dad! **12.50** American Dad! **1.20** Bob's Burgers **1.45** Bob's Burgers **2.15** Superstore **2.40** Superstore **3.05** Totally Bonkers Guinness World Records **3.30** Teleshopping

Sky Max

6.0am Stargate SG-1 **8.0** Supergirl **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Supergirl **5.0** The Flash **6.0** Stargate SG-1 **8.0** Freddie Fries Again **9.0** Agatha Raisin **11.0** NCIS: New Orleans **12.0** Road Wars **1.0** The Force: North East **2.0** The Blacklist **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Stop, Search, Seize

Sky Arts

6.0am Northern Ballet's Casanova **8.0** Battle of the Brass Bands **9.0** Tales of the Unexpected **10.0** Discovering: Jane Fonda **11.0** Discovering: Leonard Cohen **11.30** Discovering: The Doors **12.0** The South Bank Show Originals **12.30** The South Bank Show Originals **1.0** Tales of the Unexpected **2.0** Discovering: Peter Finch **3.0** Landscape Artist of the Year 2022 **4.0** Landscape Artist of the Year: Celebrity Special **5.0** Tales of the Unexpected **5.30** Tales of the Unexpected **6.0** Discovering: Gene Wilder **7.0** André Rieu: Welcome to My World **8.0** The Big Design Challenge **9.0** André Rieu: Wonderful World – Live in Maastricht **12.0** Tate Britain's Great Art Walks **1.0** Discovering: Crosby, Stills, Nash & Young **1.30** Discovering: Neil Young **2.0** Cold War Steve Meets the Outside World **3.55** Why Do We Dance? **5.05** The Art of Architecture


The Night Of, Sky Atlantic

Sky Atlantic

6.0am Urban Secrets **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **12.25** Game of Thrones **1.30** Gomorrah **3.30** Ray Donovan **5.45** The Sopranos **7.55** Game of Thrones **9.0** Billions **10.05** The Night Of **11.35** Gangs of London **12.45** In Treatment **2.0** The Gilded Age **3.05** Babylon Berlin **4.10** Urban Secrets

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Henriette Bosmans (1/5) **1.0** Lunchtime Concert. Live from Wigmore Hall, pianist Simon Trpčeski and members of his Makedonissimo project perform chamber music by Brahms, Shadov and Connesson. **2.0** Afternoon Concert. The BBC Philharmonic play Brahms's Third Symphony. **4.30** New Generation Artists. Pianist Mariam Batsashvili plays Liszt. **5.0** In Tune **7.0** In Tune Mixtape **7.30** In Concert. Paavo Järvi conducts the Zurich Tonhalle Orchestra, alto Wiebke Lehmkuhl, Zurich Sing-Akademie and Zurich Boys' Choir in Mahler's Symphony No 3. **9.30** Northern Drift. With poet Amanda Dalton and saxophonist Daniel Thorne. **10.0** Music Matters (R) **10.45** The Essay: Fashion Stories. Sophie Oliver looks at the history of body-correcting garments. (1/5) **11.0** Night Tracks **12.30** Through the Night

Radio 4

6.0am Today **9.0** Start the Week. A discussion on artistic rivalry, collaboration and creativity. (9/12) **9.45** (LW) Daily Service **9.45** (FM) Death By Conspiracy? Film-maker Tristan hears about the death of his cousin Gary. (6/10) **10.0** Woman's Hour **11.0** My Name Is Sam (2/5) **11.30** Loose Ends (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Sea Change. By Alix Nathan. (1/10) **12.18** You and Yours **12.57** Weather **1.0** The World at One **1.45** The Museums That Make Us. Neil MacGregor tours Britain's museums, starting in Stowe, Buckinghamshire. (1/20) **2.0** The Archers (R) **2.15** Talking About a Revolution. Drama, by Sarah Daniels. **3.0** Counterpoint. The second semi-final. (11/13) **3.30** The Food Programme (R) **4.0** Banding: Love, Spit and Valve Oil (R) **4.30** The Digital Human. Aleks Krotoski asks why people are turning away from experts. (3/6) **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** Just a Minute (3/6) **7.0** The Archers **7.15** Front Row **8.0** Pay Freezes. The ups and downs of the politics of pay in Britain since 1945. (1/3) **8.30** Analysis. Sonia Sodha traces the root causes of violence in society. (6/9) **9.0** Soccer Mums (R) **9.30** Start the Week (R) **9.59** Weather **10.0** The World Tonight **10.45** Book at Bedtime: Sea Change (R) **11.0** You're Dead to Me: Stonehenge (R) **11.30** Today in Parliament **12.0** News and Weather **12.30** Death By Conspiracy? (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am Hercule Poirot: Death on the Nile (1/5) **6.30** Destination: Fire! (3/6) **7.0** Boswell's Lives (3/4) **7.30** Just a Minute (2/6) **8.0** Lines from My Grandfather's Forehead (2/8) **8.30** Boogie Up the River (5/6) **9.0** Wordaholics (4/6) **9.30** Arrested Development (3/4) **10.0** A Man Alone (1/3) **11.0** TED Radio Hour (45/48) **11.50** Inheritance Tracks **12.0** Lines from My Grandfather's Forehead (2/8) **12.30** Boogie Up the River (5/6) **1.0** Hercule Poirot: Death on the Nile (1/5) **1.30** Destination: Fire! (3/6) **2.0** The Librarian (6/10) **2.15** The L Shaped Room (6/10) **2.30** Freedom Song **3.0** A Man Alone (1/3) **4.0** Wordaholics (4/6) **4.30** Arrested Development (3/4) **5.0** Boswell's Lives (3/4) **5.30** Just a Minute (2/6) **6.0** The Case of Charles Dexter Ward (1/18) **6.15** And Another Thing (1/10) **6.30** A Good Read (5/9) **7.0** Lines from My Grandfather's Forehead (2/8) **7.30** Boogie Up the River (5/6) **8.0** Hercule Poirot: Death on the Nile (1/5) **8.30** Destination: Fire! (3/6) **9.0** TED Radio Hour (45/48) **9.50** Inheritance Tracks **10.0** Just a Minute (2/6) **10.30** On the Town With the League of Gentlemen (3/6) **11.0** The News Quiz (10/10) **11.30** Elis James' Pantheon of Heroes (2/6) **12.0** The Case of Charles Dexter Ward (1/18) **12.15** And Another Thing (1/10) **12.30** A Good Read (5/9) **1.0** Hercule Poirot: Death on the Nile (1/5) **1.30** Destination: Fire! (3/6) **2.0** The Librarian (6/10) **2.15** The L Shaped Room (6/10) **2.30** Freedom Song **3.0** A Man Alone (1/3) **4.0** Wordaholics (4/6) **4.30** Arrested Development (3/4) **5.0** Boswell's Lives (3/4) **5.30** Just a Minute (2/6)

Tuesday

The Witchfinder, BBC Two

BBC One

6.0 Breakfast (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) **11.15** Homes Under the Hammer (T) **12.15** Bargain Hunt (T) (R) **1.0** News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) **3.45** Garden Rescue (T) (R) **4.30** Antiques Road Trip (T) (R) **5.15** Pointless (T) (R) **6.0** News (T) **6.30** Regional News and Weather (T) **7.0** The One Show (T) **7.30** EastEnders **7.50** Holby City

8.30 Clean It, Fix It (T) (R) In Bristol, the team help a family who are struggling to house their bikes.
9.0 This Is Going to Hurt (T) Adam learns he is the subject of a serious GMC complaint.
9.50 Cheaters (T) Zack goes to pick up his dad from the airport, only to get some devastating news.

10.0 News (T)
10.25 Regional News (T) Weather
10.35 Cheaters (T) Zack tells Josh his father has died.
10.45 Cheaters (T) Esther and Josh enjoy their stag and hen do.
10.55 Starstruck (T) (R) Sitcom, starring Rose Matafeo.
11.20 Would I Lie to You? (T) (R)
11.50 The Apprentice (T) (R)
12.50 Weather (T) **12.55** News (T)

BBC Two

6.30 Bargain Hunt (T) (R) **7.15** Escape to the Country (T) (R) **8.0** Sign Zone: Antiques Roadshow (T) (R) **9.0** News (T) **12.15** Politics Live (T) **1.0** The Super League Show (T) (R) **1.45** Eggheads (T) (R) **2.15** Put Your Money Where Your Mouth Is (T) (R) **3.0** The Heights (T) (R) **3.30** Murder, Mystery and My Family (T) (R) **4.15** Sacred Wonders of Britain (T) (R) **5.15** Flog It! (T) (R) **6.0** House of Games (T) **6.30** Tales from a Kitchen Garden (T) **7.0** Doctors (T) (R) **7.30** Cook, Eat, Repeat (T) (R)

8.0 Great British Menu (T) Chefs from the north-east and Yorkshire compete, hoping to wow the judges with their starters and fish courses.
9.0 Rock Till We Drop (T) The bands rehearse together for the first time, but hearing them play proves to be a different experience than expected.

10.0 The Witchfinder (T) New series. Comedy, with Tim Key and Daisy May Cooper.
10.30 Newsnight (T) and Weather
11.15 FILM **Phantom Thread** (2017) (T) Drama, starring Daniel Day-Lewis and Vicky Krieps.
1.20 Sign Zone Dragons' Den (T) (R) **2.20** Rise of the Nazis (T) (R) **3.20** Great Coastal Railway Journeys (T) (R)

ITV

6.0 Good Morning Britain (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) **5.0** The Chase (T) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 The Martin Lewis Money Show: Live (T) An hour-long cost of living special in which the financial expert shows how to save money on bills.
9.0 Our House (T) Fi is left reeling by Bram's apparent involvement in the house sale. Meanwhile, in the past, Bram frantically covers up his part in the accident.

10.0 News (T) Weather
10.30 Local News (T) Weather
10.45 Billy Connolly: It's Been a Pleasure (T) (R) A celebration of the comedian's greatest standup performances.
12.0 Shop: Ideal World 3.0 Masterpiece With Alan Titchmarsh (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point (T) (R)

Channel 4

6.0 Winter Paralympics Live (T) **8.0** Winter Paralympics Breakfast (T) **9.0** Frasier (T) (R) **10.30** Ramsay's Kitchen Nightmares USA (T) (R) **11.25** News (T) **11.30** Coast vs Country (T) (R) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun: Where Are They Now? (T) **5.0** Four in a Bed (T) **5.30** Come Dine With Me (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T) **7.30** Winter Paralympics: Today in Beijing (T)

8.0 George Clarke's Amazing Spaces (T) Special edition as George and Will create an observatory in honour of George's stargazing father.
9.0 24 Hours in A&E (T) Colin is rushed in after collapsing and doctors are concerned he has suffered a stroke. Tony is in the minor injuries unit with crippling pain in his fingers.

10.0 Gogglebox (T) (R) The armchair critics share their opinions on recent TV.
12.05 Davina McCall: Sex, Myths and the Menopause (T) (R) The presenter lifts the lid on the menopause and reveals the lack of specialist education for GPs. **1.0** Winter Paralympics Live (T) **3.30** Winter Paralympics Live (T)

Channel 5

6.0 Milkshake! 9.15 Jeremy Vine (T) **12.15** Nightmare Tenants, Slum Landlords (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM My Killer Twin (Max McGuire, 2021) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** Dream Kitchens & Bathrooms With Mark Millar (T) **7.55** News (T)

8.0 Dogs Behaving (Very) Badly (T) Graeme Hall meets a greedy cockapoo called Bailey. Last in the series.
9.0 Ben Fogle: New Lives in the Wild (T) Ben travels to the deserts of Arizona to meet Dee, a modern-day nomad travelling across the US in a former military transport vehicle. Last in the series.

10.0 Jack the Ripper: The Missing Evidence (T) (R)
11.0 FILM **John Wick: Chapter 2** (2017) (T) Action sequel, starring Keanu Reeves.
1.20 The Live Casino Show (T) **3.30** Celebrity 5 Go Fishing (T) (R) **4.20** Get Your Tatts Out: Kavos Ink (T) (R) **5.05** Wildlife SOS (T) (R) **5.35** Peppa Pig (T) (R)

BBC Four

7.0 The Lakes With Paul Rose (T) (R) The explorer heads to Derwentwater and Borrowdale. **7.30** Fred Dibnah's World of Steam, Steel and Stone (T) (R) The history of the steeplejack's favourite sites.

8.0 Keeping Up Appearances (T) (R) Emmet plans a concert.
8.30 Yes, Prime Minister (T) (R) Jim Hacker opposes two candidates for bishop.
9.0 Mothers, Missiles and the American President (T) (R) Documentary about three Welsh sisters who took action over the threat of nuclear war in the 1980s.

10.0 Girl Friday (T) (R) Joanna Lumley attempts to survive on a desert island.
10.55 Women, Sex and Society: A Timewatch Guide (T) (R)
12.0 A Garden in Snowdonia (R) **12.30** The Lakes (R) **1.0** World of Steam, Steel and Stone (R) **1.30** Mothers, Missiles and the American President (R) **2.30** Girl Friday (T) (R)

Other channels

BBC Three

7.0pm MasterChef Australia **7.55** The Catch Up **8.0** Meet the Khans: Big in Bolton **8.25** Meet the Khans: Big in Bolton **8.55** Corey Baker's Dance Race **9.0** RuPaul's Drag Race: UK Versus the World **10.0** Mood **10.45** Nail Bar Boys **11.15** Corey Baker's Dance Race **11.20** Fleabag **11.45** Fleabag **12.15** Meet the Khans: Big in Bolton **12.45** Meet the Khans: Big in Bolton **1.15** RuPaul's Drag Race: UK Versus the World **2.15** Mood **3.0** Fleabag **3.25** Fleabag

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Ultimate Movers **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Eddie Eats America **10.30** Eddie Eats America **11.0** Travel Man: 48 Hours in Slovenia **11.30** Travel Man: 48 Hours in Milan **12.0** Red Bull Soapbox Race **1.0** Fast Justice **2.0** Travel Man: 48 Hours in Athens **2.30** Travel Man: 48 Hours in Porto **3.0** Rick Stein's Road to Mexico **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Road to Mexico **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI XL **10.0** Mel Giedroyc: Unforgivable **11.0** Meet the Richardsons **11.40** QI **12.20** Hypothetical **1.0** QI **1.40** Would I Lie to You? **2.15** Mel Giedroyc: Unforgivable **3.15** Famalam **3.40** The Indestructibles **4.0** Teleshopping

E4

6.0am Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **8.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **12.0** Brooklyn Nine-Nine **12.30** Brooklyn Nine-Nine **1.0** The Big Bang Theory **3.0** Young Sheldon **4.0** Brooklyn Nine-Nine **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Married at First Sight Australia **9.0** The Real Dirty Dancing **10.0** Naked Attraction **11.05** Naked Attraction **12.10** First Dates **1.15** Married at First Sight Australia **2.45** The Real Dirty Dancing **3.40** Below Deck: Mediterranean **4.30** Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM Two Thousand Women (1944) **1.0** FILM Samson and Delilah (1949) **3.35** FILM The Duel at Silver Creek (1952) **5.10** FILM Captain Scarlett (1953) **6.40** FILM Little Women (1994) **9.0** FILM **Can You Ever Forgive Me?** (2018) **11.10** FILM Punisher: War Zone (2008) **1.15** FILM Wuthering Heights (2011)

ITV2

6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! Gold **6.0** Celebrity Catchphrase **7.0** Superstore **7.30** Superstore **8.0** Bob's Burgers **8.30** Bob's Burgers **9.0** Family Guy **9.30** Family Guy **10.0** Plebs **10.30** Plebs **11.0** Family Guy **11.30** American Dad! **12.25** Bob's Burgers **1.25** Superstore **2.15** Hey Tracey! **3.10** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Stargate SG-1 **8.0** Supergirl **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Supergirl **5.0** The Flash **6.0** Stargate SG-1 **8.0** Fast & Furious' Greatest Moments **9.0** Strike Back: Shadow Warfare **10.0** SEAL Team **11.0** Resident Alien **12.0** Frayed **1.0** The Blacklist **2.0** NCIS: New Orleans **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Stop, Search, Seize

Sky Arts

6.0am Arts Uncovered: Candoco Dance Company **6.10** Kurt Weill: Street Scene **9.0** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Discovering: Judi Dench

The Conductor, Sky Arts

11.0 Discovering: Crosby, Stills, Nash & Young **11.30** Discovering: Neil Young **12.0** World War II & Cinema **1.0** Tales of the Unexpected **1.30** Tales of the Unexpected **2.0** Discovering: Faye Dunaway **3.0** Too Young to Die **4.0** Buster Keaton: The Genius Crushed By Hollywood **5.0** Tales of the Unexpected **5.30** Tales of the Unexpected **6.0** Discovering: Jodie Foster **7.0** The Big Design Challenge **8.0** **The Conductor** **10.0** Frida Kahlo **11.0** FILM Janine Jansen: Falling for Stradivari (2021) **12.0** What Was Virginia Woolf Afraid of? **1.0** FILM Toni Morrison: The Pieces I Am (2019) **3.15** Neil Patrick Harris: Off Camera **4.30** Inside Art: Lubaina Himid at Tate Modern **5.0** The Art of Architecture

Sky Atlantic

6.0am Fish Town **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **12.25** Game of Thrones **1.30** Gomorrah **3.30** Ray Donovan **5.40** The Sopranos **7.55** Game of Thrones **9.0** **The Gilded Age** **10.05** Raised By Wolves **11.10** Big Love **1.20** Get Shorty **3.30** In Treatment **4.0** Fish Town

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Henriette Bosmans (2/5) **1.0** Lunchtime Concert. Live from Temple Church, London, the BBC Singers, conductor Grace Rossiter and organist Anna Lapwood perform music by leading female composers of the 21st century. **2.0** Afternoon Concert. Music by female composers from the 17th to the 21st centuries. **5.0** In Tune **7.30** In Tune Mixtape **8.0** In Concert. Live from Kings Place, London, Fieri Consort, viola da gamba player Harry Buckoke, lute and theorbo player Toby Carr and baroque harp player Aileen Henry perform madrigals by Maddalena Casulana and works by Barbara Strozzi. **10.0** Free Thinking. Shahidha Bari and guests explore what it means to be a sister. **10.45** The Essay: Fashion Stories. Shahidha Bari looks at what the contents of a handbag can tell us. (2/5) **11.0** Night Tracks **12.30** Through the Night

Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** The Life Scientific. With chemist Shankar Balasubramanian. (2/6) **9.30** The Political Butterfly Effect (R) **9.45** (LW) Daily Service **9.45** (FM) Death By Conspiracy? Marianna Spring fills in the gaps of Gary Matthews's final days. (7/10) **10.0** Woman's Hour **11.0** Eider Island. An intimate tale of bird-human interdependence. **11.30** **Rap Gets Real** How rap is helping change Black men's attitudes toward mental illness. **12.0** News **12.01** (LW) Shipping Forecast **12.04** Sea Change. By Alix Nathan. (2/10) **12.18** Call You and Yours **12.57** Weather **1.0** The World at One **1.45** The Museums That Make Us. Neil MacGregor is in Derry where the Tower Museum strives to broaden the city's reputation. (2/20) **2.0** The Archers (R) **2.15** Broken Colours. Drama, by Faebian Averies. (R) **3.0** Short Cuts. Documentaries about the weather. (4/7) **3.30** Costing the Earth. How landowners are being offered money for land to absorb carbon dioxide emissions. **4.0** Law in Action (2/4) **4.30** A Good Read. With Alistair Petrie and Alex Wheatle. (6/9) **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** The World of Simon Rich. The US writer performs some of his funny and absurd stories. (1/4) **7.0** The Archers **7.15** Front Row **8.0** File on 4 (9/10) **8.40** In Touch **9.0** Inside Health (9/11) **9.30** The Life Scientific (R) **9.59** Weather **10.0** The World Tonight **10.45** Book at Bedtime: Sea Change (R) **11.0** Fortunately **11.30** Today in Parliament **12.0** News and Weather **12.30** Death By Conspiracy? (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am Hercule Poirot: Death on the Nile (2/5) **6.30** Destination: Fire! (4/6) **7.0** The Architects (4/4) **7.30** Please Use Other Door (4/4) **8.0** The Goon Show **8.30** King Street Junior (3/7) **9.0** The News Quiz (10/10) **9.30** The Mitch Benn Music Show (4/4) **10.0** A Man Alone (2/3) **11.0** The Light Music Festival **12.0** The Goon Show **12.30** King Street Junior (3/7) **1.0** Hercule Poirot: Death on the Nile (2/5) **1.30** Destination: Fire! (4/6) **2.0** The Librarian (7/10) **2.15** The L Shaped Room (7/10) **2.30** Salt (1/2) **3.0** A Man Alone (2/3) **4.0** The 3rd Degree (1/6) **4.30** The Mitch Benn Music Show (4/4) **5.0** The Architects (4/4) **5.30** Please Use Other Door (4/4) **6.0** The Case of Charles Dexter Ward (2/18) **6.15** And Another Thing (2/10) **6.30** Soul Music (2/5) **7.0** The Goon Show **7.30** King Street Junior (3/7) **8.0** Hercule Poirot: Death on the Nile (2/5) **8.30** Destination: Fire! (4/6) **9.0** The Light Music Festival **10.0** Please Use Other Door (4/4) **10.30** Mark Steel's in Town (4/6) **11.0** For One Horrible Moment (5/5) **11.15** Friends Like These (5/5) **11.30** I've Never Seen Star Wars (4/6) **12.0** The Case of Charles Dexter Ward (2/18) **12.15** And Another Thing (2/10) **12.30** Soul Music (2/5) **1.0** Hercule Poirot: Death on the Nile (2/5) **1.30** Destination: Fire! (4/6) **2.0** The Librarian (7/10) **2.15** The L Shaped Room (7/10) **2.30** Salt (1/2) **3.0** A Man Alone (2/3) **4.0** The 3rd Degree (1/6) **4.30** The Mitch Benn Music Show (4/4) **5.0** The Architects (4/4) **5.30** Please Use Other Door (4/4)

Wednesday

Mary Berry's Fantastic Feasts, BBC One

BBC One

6.0 Breakfast (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) **11.15** Homes Under the Hammer (T) (R) **12.15** Bargain Hunt (T) (R) **1.0** News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) (R) **3.45** Garden Rescue (T) (R) **4.30** Antiques Road Trip (T) (R) **5.15** Pointless (T) (R) **6.0** News (T) **6.30** Regional News and Weather (T) **7.0** The One Show (T) **7.30** EastEnders (T)

8.0 Mary Berry's Fantastic Feasts (T) New series. Mary Berry teaches three novice cooks how to create dishes for afternoon tea.

9.0 Interior Design Masters With Alan Carr (T) New series. Ten aspiring designers compete to get their big break in the world of commercial interior design.

10.0 News (T)
10.25 Regional News (T) Weather
10.35 Mood (T) (R) Forced to fend for herself, Sasha has ended up sofa-surfing at her drug dealer Saleem's flat, a million miles from the superstardom she dreams about.
11.20 Katie Price: What Harvey Did Next (T) (R) **12.20** Weather (T) **12.25** News (T)

BBC Two

6.15 Tales from a Kitchen Garden (R) **7.15** Escape to the Country (R) **8.0** Sign Zone: Inside Culture With Mary Beard (R) **8.30** Great Coastal Railway Journeys (R) **9.0** News **11.15** Politics Live **1.0** Ready Steady Cook (R) **1.45** Eggheads (R) **2.15** Put Your Money Where Your Mouth Is (R) **3.0** The Heights (R) **3.30** Murder, Mystery and My Family (R) **4.15** Sacred Wonders of Britain (R) **5.15** Flog It! (R) **6.0** House of Games **6.30** Tales from a Kitchen Garden **7.0** Doctors (R) **7.30** Cook, Eat, Repeat

8.0 Your Body Uncovered With Kate Garraway (T) Kate meets Rozi, who tries to understand why Covid hit her so hard.

9.0 Great British Menu (T) For their main courses, one chef takes inspiration from the first Christmas message on the radio, while another celebrates Strictly.

10.0 The Office (T) (R) Brent makes some easy money moonlighting at a business seminar.
10.30 Newsnight (T) Weather
11.15 Unspun World With John Simpson (T) News review.
11.40 Rock Till We Drop (T) (R)
12.40 Sign Zone We Are Black and British (T) (R) **1.40** We Are Black and British (T) (R)

ITV

6.0 Good Morning Britain (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) **5.0** The Chase (T) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 Coronation Street (T) Abi forms a plan to retrieve the stolen car for Tyrone.

9.0 Our House (T) Fi has to come to terms with losing the house and tries to find out more about Bram's whereabouts. She turns to new partner Toby for support, but he has secrets of his own.

10.0 News (T) Weather
10.30 Local News (T) Weather
10.45 Peston (T) Politics chat.
11.40 Paul Sinha's TV Showdown (T) (R) Joanna Page, Jenny Powell, Adam Thomas and David Baddiel join captains Fay Ripley and Rob Beckett.
12.15 Shop: Ideal World 3.0 Bling (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point (T) (R)

Channel 4

6.0 Winter Paralympics Live (T) **8.0** Winter Paralympics Breakfast (T) **9.0** Frasier (T) (R) **10.30** Ramsay's Kitchen Nightmares USA (T) (R) **11.25** News (T) **11.30** Coast vs Country (T) (R) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** A Place in the Sun (T) (R) **4.0** A New Life in the Sun: Where Are They Now? (T) **5.0** Four in a Bed (T) **5.30** Come Dine With Me (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T) **7.30** Winter Paralympics: Today in Beijing (T)

8.0 Kirstie and Phil's Love It Or List It: Brilliant Builds (T) Kirstie and Phil remember helping Lucy and Lynton, whose three-bedroom semi was so cramped they ate meals in the bedroom.

9.0 Michael Mosley: Who Made Britain Fat? (T) The presenter investigates the rise in obesity in this country.

10.0 Naked Attraction (T) Dating show, hosted by Anna Richardson.
11.05 Sex Actually With Alice Levine (T) (R) The presenter embarks on a journey of sexual discovery, invited into homes to find out what sex means for modern Brits.
12.05 24 Hours in A&E (T) (R) **1.0** Winter Paralympics Live (T)

Channel 5

6.0 Milkshake! 9.15 Jeremy Vine (T) **12.15** Nightmare Tenants, Slum Landlords (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM Stalked By My Teacher (David DeCoteau, 2020) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** The Gadget Show (T) **7.55** News (T)

8.0 Police Interceptors (T) In Nottingham, the knife crime team pull over a group of men in a car they believe are trying to hide something.

9.0 Soham: The Murder of Holly & Jessica (T) New series. Documentary examining the deaths of 10-year-old Holly Wells and Jessica Chapman in August 2002.

10.30 My Lover, My Killer (T)
11.30 Skin A&E (T) (R)
12.35 999: Criminals Caught on Camera (T) (R) **1.0** The Live Casino Show (T) **3.10** Celebrity 5 Go Fishing (T) (R) **4.0** Get Your Tatts Out: Kavos Ink (T) (R) **4.45** Wildlife SOS (T) (R) **5.10** House Doctor (T) (R) **5.35** Peppa Pig (T) (R) **5.40** Paw Patrol (T) (R)

BBC Four

7.0 The Lakes With Paul Rose (T) (R) The explorer heads to Coniston. **7.30** Fred Dibnah's World of Steam, Steel and Stone (T) (R) A look at the steeplejack's back garden workshop.

8.0 Great Barrier Reef (T) (R) Monty Halls reveals how creatures travel thousands of miles to visit the reef.

9.0 Digging for Britain (R) How a lobster led archaeologists to the discovery of an 8,000-year-old Neolithic underwater settlement, and the team who excavated an iron age crouched burial.

10.0 Storyville: Writing With Fire (T) Documentary following the creation of India's only newspaper run by women.
11.35 Russia on Four Wheels (T) (R) Justin and Anita set off from Sochi on road trips.
12.35 The Lakes (T) (R) **1.05** World of Steam, Steel and Stone (R) **1.35** Digging for Britain (R) **2.35** Great Barrier Reef (R)

Other channels

BBC Three

7.0pm MasterChef Australia **7.55** The Catch Up **8.0** Flat Out Fabulous **8.30** Flat Out Fabulous **9.0** Gassed Up **9.50** Zen Motoring **10.0** The Fast and the Farmer-ish **10.30** This Country **11.0** This Country **11.30** Tonight With Target **12.15** Gassed Up **1.05** The Fast and the Farmer-ish **1.35** Tonight With Target **2.25** Flat Out Fabulous **2.55** This Country **3.25** This Country

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Ultimate Movers **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Eddie Eats America **10.30** Eddie Eats America **11.0** Travel Man: 48 Hours in Athens **11.30** Travel Man: 48 Hours in Porto **12.0** Red Bull Soapbox Race **1.0** Fast Justice **2.0** Travel Man: 48 Hours in Tallinn **2.30** Travel Man: 48 Hours in Hamburg **3.0** Rick Stein's Road to Mexico **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Road to Mexico **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI XL **10.0** Outsiders **11.0** Have I Got a Bit More News for You **12.0** Hypothetical **12.40** QI **1.20** Would I Lie to You? **2.0** Live at the Apollo **2.45** This Country **3.10** This Country **4.0** Teleshopping

E4

6.0am Hollyoaks **6.30** Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **11.30** Young Sheldon **12.0** Brooklyn Nine-Nine **12.30** Brooklyn Nine-Nine **1.0** The Big Bang Theory **1.30** The Big Bang Theory **2.0** The Big Bang Theory **2.30** The Big Bang Theory **3.0** Young Sheldon **3.30** Young Sheldon **4.0** Brooklyn Nine-Nine **4.30** Brooklyn Nine-Nine **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Married at First Sight Australia **9.0** Teen First Dates **10.0** Celebrity Gogglebox **11.05** Gogglebox **12.10** First Dates **1.15** Married at First Sight Australia **2.45** Teen First Dates **3.40** Below Deck: Mediterranean **4.30** Ramsay's Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM The Bells of St Mary's (1945) **1.35** FILM Anne of the Thousand Days (1969) **4.30** FILM Donovan's Reef (1963) **6.50** FILM One Day (2011) **9.0** FILM Venom (2018) **11.10** FILM Snowpiercer (2013) **1.45** FILM Things to Come (2016)

ITV2

6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! Uncaged! **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! Goes Savage! **6.0** Catchphrase Celebrity Special **7.0** Superstore **8.0** Bob's Burgers **9.0** Family Guy **11.30** American Dad! **12.25** Bob's Burgers **1.25** Superstore **2.20** Hey Tracey! **3.15** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Stargate SG-1 **7.0** Stargate SG-1 **8.0** Supergirl **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **12.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Supergirl **5.0** The Flash **6.0** Stargate SG-1 **8.0** There's Something About Movies **9.0** SEAL Team **10.0** Frayed **11.0** Dating No Filter **11.30** Fast & Furious' Greatest Moments **12.30** Road Wars **1.0** The Blacklist **2.0** Caught on Dashcam **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Stop, Search, Seize

Sky Arts

6.0am FILM Janine Jansen: Falling for Stradivari (2021) **7.0** The Conductor **9.0** Tales of the Unexpected **10.0** Discovering: Gene Wilder **11.0** Discovering: The Cure **12.0** The Grapes of Wrath: The Ghost of Modern America **1.0** Tales of the Unexpected **1.30** Tales of the Unexpected **2.0** Discovering: Laurence Harvey **3.0** The Wars of Coco Chanel **4.0** John Wayne: America at All Costs **5.0** Tales of the Unexpected **6.0** Discovering: Donald Sutherland **7.0** Portrait Artist of the Year 2018 **8.0** Landscape Artist of the Year 2022 **9.0** FILM Jane Fonda in Five Acts (2018) **11.30** The Directors **12.30** Sam Spiegel: Conquering Hollywood **1.30** Princess Diana, Freddie Mercury and Kenny Everett: Urban Myths **2.0** Donald Trump and Andy Warhol: Urban Myths **2.30** John Malkovich: Just Call Me God **4.0** The South Bank Show **5.0** The Art of Architecture

Snowpiercer, Film4

Sky Atlantic

6.0am The British **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **12.25** Game of Thrones **1.30** Gomorrah **3.30** Ray Donovan **5.40** The Sopranos **7.55** Game of Thrones **9.0** FILM Notes from the Field (2018) **10.45** Yellowjackets **11.50** The Fear Index **12.55** Six Feet Under **2.0** My Brilliant Friend **3.05** In Treatment **4.05** The British

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Henriette Bosmans (3/5) **1.0** Lunchtime Concert. Highlights from the 2021 Schwetzingen festival. (1/3) **2.0** Afternoon Concert. Music from Bianca Maria Meda and opera arias by Handel and Vivaldi. **4.0** Choral Evensong **5.0** In Tune **7.0** In Tune Mixtape **7.30** In Concert. Mark Wigglesworth conducts the Bournemouth SO and pianist Imogen Cooper in Jonathan Dove's Sunshine, Mozart's Piano Concerto No 22 in E Flat, K482, and Schubert's Symphony in C Major, No 9 'The Great'. **10.0** Free Thinking. A discussion on the Clean Break theatre company. **10.45** The Essay: Fashion Stories. Jade Halbert looks at designs created by Angela Holmes. (3/5) **11.0** Night Tracks **12.30** Through the Night

Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** The Anatomy of Kindness Results. The results of BBC Radio 4's latest scientific survey. **9.45** (LW) Daily Service **9.45** (FM) Death By Conspiracy? Tracking the Timeline. The role social media played in pushing Gary toward conspiracy theories. (8/10) **10.0** Woman's Hour **11.0** The Case of the Brillante Virtuoso (3/3) **11.30** Angstrom (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Sea Change. By Alix Nathan. (3/10) **12.18** You and Yours **12.57** Weather **1.0** The World at One **1.45** The Museums That Make Us. A visit to Penrhyn Castle, north Wales. (3/20) **2.0** The Archers **2.15** A Fair Shot. Drama, by Viv Groskop. (R) **3.0** Money Box Live **3.30** Inside Health (R) **4.0** Rewinder. Archive clips of Agatha Christie. (R) **4.30** The Media Show **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** Conversations from a Long Marriage. Noisy new neighbours move in. (2/6) **7.0** The Archers **7.15** Front Row **8.0** The Moral Maze (9/11) **8.45** Lent Talks. Pastor Mick Fleming considers the line "I was hungry and you gave me food". (1/6) **9.0** Costing the Earth (R) **9.30** The Media Show (R) **9.59** Weather **10.0** The World Tonight **10.45** Book at Bedtime: Sea Change (R) **11.0** The Damien Slash Mixtape. One-man sketch show. (1/4) **11.15** Chris Neill: Raging Enigma (3/6) **11.30** Today in Parliament **12.0** News and Weather **12.30** Death By Conspiracy? (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping **5.30** News **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am Hercule Poirot: Death on the Nile (3/5) **6.30** Destination: Fire! (5/6) **7.0** Alexei Sayle's Imaginary Sandwich Bar (2/4) **7.30** Conversations from a Long Marriage (1/6) **8.0** Hancock's Half Hour (5/20) **8.30** If You're So Clever, Why Aren't You Rich? (1/6) **9.0** Booked (4/6) **9.30** All the Young Dudes (5/6) **10.0** A Man Alone (3/3) **11.0** The Real Comedy Controllers: The Things That Made Us Laugh **12.0** Hancock's Half Hour (5/20) **12.30** If You're So Clever, Why Aren't You Rich? (1/6) **1.0** Hercule Poirot: Death on the Nile (3/5) **1.30** Destination: Fire! (5/6) **2.0** The Librarian (8/10) **2.15** The L Shaped Room (8/10) **2.30** Salt (2/2) **3.0** A Man Alone (3/3) **4.0** Booked (4/6) **4.30** All the Young Dudes (5/6) **5.0** Alexei Sayle's Imaginary Sandwich Bar (2/4) **5.30** Conversations from a Long Marriage (1/6) **6.0** The Case of Charles Dexter Ward (3/18) **6.15** And Another Thing (3/10) **6.30** The Radio Detectives (4/5) **7.0** Hancock's Half Hour (5/20) **7.30** If You're So Clever, Why Aren't You Rich? (1/6) **8.0** Hercule Poirot: Death on the Nile (3/5) **8.30** Destination: Fire! (5/6) **9.0** The Real Comedy Controllers: The Things That Made Us Laugh **10.0** Conversations from a Long Marriage (1/6) **10.30** Bunk Bed (3/8) **10.45** Josie Long: All of the Planet's Wonders (3/4) **11.0** Radio Active (2/8) **11.30** Ectoplasm (4/4) **12.0** The Case of Charles Dexter Ward (3/18) **12.15** And Another Thing (3/10) **12.30** The Radio Detectives (4/5) **1.0** Hercule Poirot: Death on the Nile (3/5) **1.30** Destination: Fire! (5/6) **2.0** The Librarian (8/10) **2.15** The L Shaped Room (8/10) **2.30** Salt (2/2) **3.0** A Man Alone (3/3) **4.0** Booked (4/6) **4.30** All the Young Dudes (5/6) **5.0** Alexei Sayle's Imaginary Sandwich Bar (2/4) **5.30** Conversations from a Long Marriage (1/6) **6.0** The Case of Charles Dexter Ward (3/18) **6.15** And Another Thing (3/10) **6.30** The Radio Detectives (4/5) **7.0** Hancock's Half Hour (5/20) **7.30** If You're So Clever, Why Aren't You Rich? (1/6) **8.0** Hercule Poirot: Death on the Nile (3/5) **8.30** Destination: Fire! (5/6) **9.0** The Real Comedy Controllers: The Things That Made Us Laugh **10.0** Conversations from a Long Marriage (1/6) **10.30** Bunk Bed (3/8) **10.45** Josie Long: All of the Planet's Wonders (3/4) **11.0** Radio Active (2/8) **11.30** Ectoplasm (4/4) **12.0** The Case of Charles Dexter Ward (3/18) **12.15** And Another Thing (3/10) **12.30** The Radio Detectives (4/5) **1.0** Hercule Poirot: Death on the Nile (3/5) **1.30** Destination: Fire! (5/6) **2.0** The Librarian (8/10) **2.15** The L Shaped Room (8/10) **2.30** Salt (2/2) **3.0** A Man Alone (3/3) **4.0** Booked (4/6) **4.30** All the Young Dudes (5/6) **5.0** Alexei Sayle's Imaginary Sandwich Bar (2/4) **5.30** Conversations from a Long Marriage (1/6)

Thursday

Amol Rajan Interviews Nile Rodgers, BBC Two

BBC One

6.0 **Breakfast** (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) **11.15** Homes Under the Hammer (T) **12.15** Bargain Hunt (T) (R) **1.0** News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Shakespeare & Hathaway: Private Investigators (T) (R) **3.0** Escape to the Country (T) (R) **3.45** Garden Rescue (T) (R) **4.30** Antiques Road Trip (T) (R) **5.15** Pointless (T) (R) **6.0** News (T) **6.30** Regional News and Weather (T) **7.0** The One Show (T) **7.30** astEnders (T)

8.0 **Dragons' Den** (T) An entrepreneur presents an idea that she hopes will empower and inspire women and girls.

9.0 **The Apprentice** (T) The candidates are tasked with creating and branding a new baby food. Mistakes made by both sides lead to problematic pitches.

10.0 **News** (T)
10.25 **Regional News** (T) Weather
10.35 **Question Time** (T) Fiona Bruce chairs the debate.
11.35 **Newscast** (T) Political chat with Adam Fleming, Laura Kuenssberg and Chris Mason.
12.05 **Celebrity Mastermind** (T) (R) **12.35** Superman & Lois (T) (R) **1.20** Weather for the Week Ahead (T) **1.25** News (T)

BBC Two

6.30 **Tales from a Kitchen Garden** (T) (R) **7.0** Homes Under the Hammer (T) (R) **8.0** Sign Zone: Your Garden Made Perfect (T) (R) **9.0** News (T) **12.15** Politics Live (T) **1.0** Ready Steady Cook (T) (R) **1.45** Eggheads (T) (R) **2.15** Put Your Money Where Your Mouth Is (T) (R) **3.0** The Heights (T) (R) **3.30** Murder, Mystery and My Family (T) (R) **4.15** Sicily: Wonder of the Mediterranean (R) **5.15** Flog It! (R) **6.0** House of Games **6.30** Tales from a Kitchen Garden **7.0** Doctors (R) **7.30** Cook, Eat, Repeat (R)

8.0 **Great British Menu** (T) Si King helps the judging panel decide the winner for the north-east and Yorkshire.

9.0 **Amol Rajan Interviews Nile Rodgers** (T) The journalist speaks to musician Nile Rodgers, who discusses his childhood in 1960s New York, and setting up Chic with Bernard Edwards.

10.0 **The Apprentice: You're Fired** (T) With Tom Allen.
10.30 **Newsnight** (T) Weather
11.15 **Slammed** (R) Documentary series charting the rise of the Wales rugby union team.
12.15 **Sign Zone** Louis Theroux's Forbidden America (T) (R) **1.15** Kelvin's Big Farming Adventure (R) **1.45** Great Coastal Railway Journeys (R)

ITV

6.0 **Good Morning Britain** (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **3.59** Local News and Weather (T) **4.0** Tipping Point (T) **5.0** The Chase (T) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.30 **Tonight: Louise Minchin – The Truth About Stalking** The journalist, who faced a campaign of threats and harassment online, asks if enough is being done to tackle the problem.

9.0 **Our House** (T) Fi discovers the truth behind the house sale, while Bram must come to terms with his actions.

10.0 **News** (T) Weather
10.30 **Local News** (T) Weather
10.45 **Billy Connolly: My Absolute Pleasure** (T) (R)
11.50 **All Elite Wrestling: Rampage**
12.40 **Shop: Ideal World 3.0** The Truth About Stalking (T) (R) **3.25** Britain's Brightest Celebrity Family (T) (R) **3.50** Unwind With ITV **5.05** Tipping Point (T) (R)

Channel 4

6.0 **Winter Paralympics Live** (T) **8.0** Winter Paralympics Breakfast (T) **9.0** Frasier (T) (R) **10.30** Ramsay's Kitchen Nightmares USA (T) (R) **11.25** News (T) **11.30** Coast vs Country (T) (R) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** **Crufts 2022** (T) **4.0** A New Life in the Sun: Where Are They Now? (T) **5.0** Four in a Bed (T) **5.30** Come Dine With Me (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T) **7.30** Winter Paralympics: Today in Beijing (T)

8.0 **Crufts 2022** (T) Clare Balding hosts further coverage from the NEC in Birmingham, as the first day concludes.

9.0 **Extraordinary Escapes With Sandi Toksvig** (T) Actor Sue Johnston joins Sandi in Cornwall, visiting a modernist beach house, a fairytale cottage and a former shepherd's hut.

10.0 **First Dates** (T) A look back at classic moments featuring memorable daters including Eve, who has alopecia, and cross-dresser Paul.
11.05 **Naked Attraction** (T) (R) Dating show, presented by Anna Richardson.
12.05 **Moors Murders: The Trial** (T) (R) **1.0** Winter Paralympics Live (T)

Channel 5

6.0 **Milkshake! 9.15** Jeremy Vine (T) **12.15** Nightmare Tenants, Slum Landlords (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM The Killer Affair (David DeCoteau, 2019) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** A Country Life for Half the Price With Kate Humble (T) **7.55** News (T)

8.0 **The Queen's Guards: A Year in Service** (T) Rehearsals for the Queen's birthday parade are ramping up.

9.0 **Soham: The Murder of Holly & Jessica** (T) Examining the days after college caretaker Ian Huntley and his girlfriend Maxine Carr were taken in to help police with their inquiries.

10.30 **Crimes That Shook Britain**
11.30 **Police: Night Shift 999** (R)
12.35 **Criminals: Caught on Camera** (T) (R) **1.0** The Live Casino Show (T) **3.10** Celebrity 5 Go Fishing (T) (R) **4.0** Get Your Tatts Out: Kavos Ink (T) (R) **4.45** Wildlife SOS (T) (R) **5.10** House Doctor (R) **5.35** Peppa Pig (R) **5.40** Paw Patrol (R) **5.50** Pip and Posy (T) (R)

BBC Four

7.0 **The Lakes With Paul Rose** (T) (R) The explorer heads to Eskdale. Last in the series. **7.30** Fred Dibnah's World of Steam, Steel and Stone (T) (R) The steeplejack's interest in the Industrial Revolution.

8.0 **Michael Wood's Story of England** (T) (R) The historian explores how the villagers reacted to occupation by the Normans in 1066.

9.0 FILM **If Beale Street Could Talk** (Barry Jenkins, 2018) A woman's fiance is arrested for a crime he didn't commit. Drama, starring KiKi Layne and Stephan James.

10.50 FILM **Lilies of the Field** (Ralph Nelson, 1963) (T) Rural drama, starring Sidney Poitier and Francesca Jarvis.
12.25 **Female Film-Makers: BBC Introducing Arts** (T) (R) **1.25** The Lakes With Paul Rose (T) (R) **1.55** Fred Dibnah's World of Steam, Steel and Stone (T) (R) **2.25** Michael Wood's Story of England (T) (R)

Other channels

BBC Three

7.0pm MasterChef Australia **7.50** The Catch Up **8.0** This Girl's Changed **8.30** Split Up in Care: Life Without Siblings **9.0** Roman Kemp: Our Silent Emergency **10.0** MOTDx **10.30** Mood **11.15** Back to Life **11.45** Back to Life **12.15** Life and Death in the Warehouse **1.15** This Girl's Changed **1.45** Roman Kemp: Our Silent Emergency **2.45** Back to Life **3.15** Back to Life

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Ultimate Movers **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Eddie Eats America **10.30** Eddie Eats America **11.0** Travel Man: 48 Hours in Tallinn **11.30** Travel Man: 48 Hours in Hamburg **12.0** Red Bull Soapbox Race **1.0** Fast Justice **2.0** Travel Man: 48 Hours in Dubrovnik **2.30** Travel Man: 48 Hours in Krakow **3.0** Rick Stein's Road to Mexico **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Road to Mexico **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** QI XL **10.0** Meet the Richardsons **10.40** Mock the Week **11.20** Mock the Week **12.0** Hypothetical **12.40** QI **1.20** Would I Lie to You? **2.0** Live at the Apollo **2.50** This Country **3.15** This Country **4.0** Teleshopping

E4

6.0am Hollyoaks **6.30** Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **12.0** Brooklyn Nine-Nine **1.0** The Big Bang Theory **3.30** Young Sheldon **4.0** Brooklyn Nine-Nine **5.0** The Big Bang Theory **5.30** The Big Bang Theory **6.0** The Big Bang Theory **6.30** The Big Bang Theory **7.0** Hollyoaks **7.30** Teen First Dates **8.30** Married at First Sight Australia **10.0** Street Dance: Against the Odds **11.05** Gogglebox **12.10** First Dates **1.20** Rick and Morty **1.50** Teenage Euthanasia **2.15** Married at First Sight Australia **3.35** Street Dance: Against the Odds **4.30** Ramsay's Kitchen Nightmares USA **5.20** Mike & Molly

Film4

11.0am FILM Gunsmoke (1953) **12.40** FILM Border River (1954) **2.20** FILM Attack! (1956) **4.30** FILM The Great Sioux Massacre (1965) **6.35** FILM The Karate Kid (1984) **9.0** FILM Deadpool 2 (2018) **11.20** FILM Dog Soldiers (2002) **1.25** FILM Happy As Lazzaro (2018)

ITV2

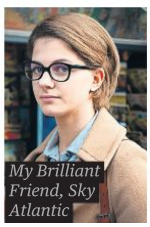
6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! Gold **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! Full Throttle **6.0** Celebrity Catchphrase **7.0** Superstore **7.30** Superstore **8.0** Bob's Burgers **8.30** Bob's Burgers **9.0** Gordon, Gino and Fred's Road Trip **10.0** Shopping With Keith Lemon **10.30** Family Guy **11.0** Family Guy **11.30** American Dad! **11.55** American Dad! **12.25** Bob's Burgers **12.55** Bob's Burgers **1.25** Superstore **1.50** Superstore **2.20** The Stand Up Sketch Show **2.45** Totally Bonkers Guinness World Records **3.10** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Stargate SG-1 **7.0** Stargate SG-1 **8.0** Supergirl **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Supergirl **5.0** The Flash **6.0** Stargate SG-1 **7.0** Stargate SG-1 **8.0** An Idiot Abroad **9.0** Resident Alien **10.0** The Flight Attendant **11.0** Frayed **12.0** Road Wars **1.15** The Force: North East **2.0** The Blacklist **3.05** Hawaii Five-0 **4.0** S.W.A.T **5.0** Stop, Search, Seize

Sky Arts

6.0am André Rieu: Wonderful World – Live in Maastricht **9.0** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Discovering: Laurence Harvey **11.0** Discovering: Black Sabbath **11.30** Discovering: Depeche Mode **12.0** National Treasures: The Art of Collecting **1.0** Tales of the Unexpected **2.0** Discovering: Donald Sutherland **3.0** Frida Kahlo **4.0** Julie Andrews Forever **5.0** Tales of the Unexpected **5.30** Tales of the Unexpected **6.0** Discovering: Dirk Bogarde **7.0** Landscape Artist of the Year 2022 **8.0** The Directors **9.0** FILM Passport to Pimlico (1949) **10.35** The Movies **11.35** I Am Steve McQueen **1.35** Tina Turner: Live in Barcelona **3.50** Del Amitri: You Can't Go Back **5.05** The Art of Architecture



My Brilliant Friend, Sky Atlantic

Sky Atlantic

6.0am Richard E Grant's Hotel Secrets **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **12.25** Game of Thrones **1.30** Gomorrah **3.30** Ray Donovan **5.40** The Sopranos **7.55** Game of Thrones **9.0** **My Brilliant Friend** **10.05** The Gilded Age **11.10** Banshee **2.25** In Treatment **2.55** Six Feet Under **4.0** Richard E Grant's Hotel Secrets

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Henriette Bosmans (4/5) **1.0** Lunchtime Concert: From the Schwetzingen festival, pianist Martin Helmchen plays Beethoven's Moonlight Sonata. **2.0** Afternoon Concert. Jan Lisiecki plays Brahms's First Piano Concerto, plus Bach from Andreas Staier and friends. **5.0** In Tune **7.0** In Tune Mixtape **7.30** In Concert. Mark Wigglesworth conducts the BBC SSO and violinist Rosanne Philippens in Wagner's Tristan und Isolde: Prelude und Liebestod, Vaughan Williams's The Lark Ascending and Sibelius's Symphony No 1. **10.0** Free Thinking. Mark Ravenhill talks to Matthew Sweet about his stage version of Blackmail. **10.45** The Essay: Fashion Stories. Tom Smith explores uniforms. (4/5) **11.0** The Night Tracks Mix **11.30** Unclassified (R) **12.30** Through the Night

Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** In Our Time **9.45** (LW) Daily Service **9.45** (FM) Death By Conspiracy? Marianna Spring considers those drawn to conspiracy theories. (9/10) **10.0** Woman's Hour **11.0** From Our Own Correspondent (7/10) **11.30** Banding: Love, Spit and Valve Oil. A look at the complex associations people have with brass banding. (2/3) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Sea Change. By Alix Nathan. (4/10) **12.18** You and Yours **12.57** Weather **1.0** The World at One **1.45** The Museums That Make Us. The Museum of Global Communications in Porthcurno, Cornwall. (4/20) **2.0** The Archers **2.15** Faith, Hope and Glory. Drama, by Carol Russell. (3/3) **3.0** Ramblings. Clare Balding walks up Stanage Edge in the Peak District and reflects on pioneering environmentalist Ethel Haythornthwaite. (6/9) **3.27** Radio 4 Appeal (R) **3.30** Bookclub (R) **4.0** The Curious Cases of Rutherford & Fry (4/6) **4.30** Inside Science **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** Big Problems With Helen Keen (R) **7.0** The Archers **7.15** Front Row **8.0** Law in Action (R) **8.30** The Bottom Line **9.0** Inside Science (R) **9.30** In Our Time **9.59** Weather **10.0** The World Tonight **10.45** Book at Bedtime: Sea Change (R) **11.0** Gaby's Talking Pictures (R) **11.30** Today in Parliament **12.0** News and Weather **12.30** Death By Conspiracy? (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping Forecast **5.30** News Briefing **5.43** Prayer for the Day **5.45** Farming Today **5.58** Tweet of the Day

Radio 4 Extra

6.0am Hercule Poirot: Death on the Nile (4/5) **6.30** Destination: Fire! (6/6) **7.0** It's a Fair Cop (1/6) **7.30** Plum House (6/6) **8.0** The Jason Explanation Of (5/6) **8.20** In a Nutshell **8.30** After Henry (1/8) **9.0** The Personality Test (2/4) **9.30** Tomorrow, Today! (2/4) **10.0** The French Lieutenant's Woman (1/2) **11.0** Desert Island Discs **11.45** The Curious Cases of Rutherford & Fry (4/6) **12.0** The Jason Explanation Of (5/6) **12.20** In a Nutshell **12.30** After Henry (1/8) **1.0** Hercule Poirot: Death on the Nile (4/5) **1.30** Destination: Fire! (6/6) **2.0** The Librarian (9/10) **2.15** The L Shaped Room (9/10) **2.30** Children of Wealth **3.0** The French Lieutenant's Woman (1/2) **4.0** The Personality Test (2/4) **4.30** Tomorrow, Today! (2/4) **5.0** It's a Fair Cop (1/6) **5.30** Plum House (6/6) **6.0** The Case of Charles Dexter Ward (4/18) **6.15** And Another Thing (4/10) **6.30** Great Lives **7.0** The Jason Explanation Of (5/6) **7.20** In a Nutshell **7.30** After Henry (1/8) **8.0** Hercule Poirot: Death on the Nile (4/5) **8.30** Destination: Fire! (6/6) **9.0** Desert Island Discs (1) **9.45** The Curious Cases of Rutherford & Fry (4/6) **10.0** Plum House (6/6) **10.30** Listen Against (2/4) **11.0** The Maltby Collection (1/6) **11.30** A Look Back at the Future (1/6) **12.0** The Case of Charles Dexter Ward (4/18) **12.15** And Another Thing (4/10) **12.30** Great Lives **1.0** Hercule Poirot: Death on the Nile (4/5) **1.30** Destination: Fire! (6/6) **2.0** The Librarian (9/10) **2.15** The L Shaped Room (9/10) **2.30** Children of Wealth **3.0** The French Lieutenant's Woman (1/2) **4.0** The Personality Test (2/4) **4.30** Tomorrow, Today! (2/4) **5.0** It's a Fair Cop (1/6) **5.30** Plum House (6/6)

Friday

Grantchester, ITV

BBC One

6.0 Breakfast (T) **9.15** Morning Live (T) **10.0** Crimewatch Live (T) **10.45** Caught Red Handed (T) **11.15** Homes Under the Hammer (T) (R) **12.15** Bargain Hunt (T) **1.0** News (T) **1.30** Regional News and Weather (T) **1.45** Shakespeare & Hathaway: Private Investigators (T) (R) **2.30** The Repair Shop (T) **3.0** Escape to the Country (T) (R) **3.45** Garden Rescue (T) (R) **4.30** Antiques Road Trip (T) (R) **5.15** Pointless (T) (R) **6.0** News (T) **6.30** Regional News and Weather (T) **7.0** The One Show (T)

7.30 Live Six Nations Rugby Union (T) Wales v France (kick-off 8pm). Gabby Logan presents all the action from the fourth and penultimate fixture for both teams, held at Principality Stadium.

10.10 News (T)
10.35 Regional News (T) Weather
10.45 The Graham Norton Show (T) Highlights from the series.
11.35 Six Nations Sin Bin (T)
12.05 FILM **The Witches of Eastwick** (1987) Fantasy comedy, starring Jack Nicholson, Cher, Michelle Pfeiffer and Susan Sarandon. **2.0** Weather **2.05** News (T)

BBC Two

6.30 Marcus Wareing's Tales from a Kitchen Garden (T) (R) **7.0** Homes Under the Hammer (T) (R) **8.0** Sign Zone: The Repair Shop (T) (R) **9.0** News (T) **12.15** Politics UK (T) **1.0** FILM It's a Mad, Mad, Mad, Mad World (1963) (T) **3.30** Put Your Money Where Your Mouth Is (T) (R) **4.15** Sicily: Wonder of the Mediterranean (T) (R) **5.15** Flog It! (T) (R) **6.0** Richard Osman's House of Games (T) **6.30** Marcus Wareing's Tales from a Kitchen Garden (T) **7.0** MOTDx (T) **7.30 Inside Culture With Mary Beard** (T)

8.0 Gardeners' World (T) New series. At Longmeadow, Monty Don embarks on an exciting new project, sows perennial seeds and gives a tree-planting masterclass.
9.0 Your Garden Made Perfect (T) Wokingham residents Lisa and Justin want to make more of their home's outside plot. Last in the series.

10.0 Live at the Apollo (T) (R) Darren Harriott introduces comedy by Jessica Fostekew and Stephen Bailey.
10.30 Newsnight (T) Weather
11.05 The Real Peaky Blinders (T) (R) Birmingham gang history.
12.05 Sign Zone Panorama: Manchester Arena Bombing – Saffie's Story (R) **12.35** Great Coastal Railway Journeys (R)

ITV

6.0 Good Morning Britain (T) **9.0** Lorraine (T) **10.0** This Morning (T) **12.30** Loose Women (T) **1.30** News and Weather (T) **1.55** Local News and Weather (T) **2.0** Dickinson's Real Deal (T) (R) **3.0** Lingo (T) (R) **4.0** Tipping Point (T) **5.0** The Chase (T) **6.0** Local News and Weather (T) **6.30** News and Weather (T) **7.30** Emmerdale (T)

8.0 Coronation Street (T) Abi is given a rude awakening by the police.
9.0 Grantchester (T) New series. The dead body of Lord Edmund Fitzgerald is found in the grounds of Fitzgerald Estate. Detective drama set in the 1950s, starring Robson Green, Tom Brittney and Tessa Peake-Jones.

10.0 News (T) Weather
10.30 Local News (T) Weather
10.45 FILM **Rocky IV** (Sylvester Stallone, 1985) (T) Drama, starring Sylvester Stallone and Dolph Lundgren.
12.25 Shop: Ideal World 3.0 Winning Combination (T) (R) **3.50** Unwind With ITV **5.05** Masterpiece With Alan Titchmarsh (T) (R)

Channel 4

6.0 Winter Paralympics Live (T) **8.0** Winter Paralympics Breakfast (T) **9.0** Frasier (T) (R) **10.30** Ramsay's Kitchen Nightmares USA (T) (R) **11.25** News (T) **11.30** Coast vs Country (T) (R) **12.30** Steph's Packed Lunch (T) **2.10** Countdown (T) **3.0** Crufts 2022 (T) **4.0** A New Life in the Sun: Where Are They Now? (T) **5.0** Four in a Bed (T) **5.30** Come Dine With Me (T) **6.0** The Simpsons (T) (R) **6.30** Hollyoaks (T) (R) **7.0** News (T) **7.30** Winter Paralympics: Today in Beijing (T)

8.0 Crufts 2022 (T) Clare Balding presents as the second day of the event concludes. Group judging has reached the Hounds group, with only one canine winning a chance to be named Best in Show.
9.0 Gogglebox (T) The armchair critics share their opinions on what they have been watching during the week.

10.0 The Last Leg (T) Satire with Adam Hills, Josh Widdicombe and Alex Brooker.
11.05 8 Out of 10 Cats Does Countdown (T) (R) Jon Richardson and Tom Allen take on Sean Lock and Rosie Jones in the gameshow.
12.05 Jimmy Carr's I Literally Just Told You (T) (R) **1.0** Winter Paralympics Live (T)

Channel 5

6.0 Milkshake! 9.15 Jeremy Vine (T) **12.15** Nightmare Tenants, Slum Landlords (T) (R) **1.10** News (T) **1.15** Home and Away (T) **1.45** Neighbours (T) **2.15** FILM Killer in the Attic (David DeCoteau, 2021) (T) **4.0** Filthy House SOS (T) (R) **5.0** News (T) **6.0** Neighbours (T) (R) **6.30** Eggheads (T) **7.0** World's Most Scenic River Journeys (T) **7.55** News (T)

8.0 Susan Calman's Grand Day Out in Wales (T) (R) The comedian ventures along the Pembroke coast in Wales, starting in Cardigan.
9.0 A&E After Dark (T) The night staff at Hull Royal Infirmary try to save the life of 47-year-old Jane, who has a heart rate more than double the average.

10.0 Abba's 30 Greatest Moments (T) (R) Documentary celebrating the career of the Swedish pop foursome.
12.05 All-Time Favourite Abba Songs (T) (R) **1.45** The Live Casino Show (T) **3.50** 1992: Britain's Biggest Hits (T) (R) **5.10** House Doctor (T) (R) **5.35** Peppa Pig (T) (R) **5.40** Paw Patrol (T) (R)

BBC Four

7.0 Harry Belafonte: Live at the BBC (T) (R) A 1977 performance by the American singer-songwriter. **7.50** Sounds of the 60s (T) (R)

8.0 TOTP: 1992 (T) (R) With Shakespears Sister, Enya, Prince and Elton John.
8.30 TOTP: 1992 (T) (R) With the Shamen, Kris Kross, Betty Boo, Madness and Roxette.
9.0 John Denver: Country Boy (T) (R) Documentary exploring the life and legacy of American singer-songwriter John Denver.

10.0 John Denver in Person (T) (R) Concert recorded in 1976.
10.55 Country & Beyond With the Shires (T) (R) Music selection.
11.55 Michael Kiwanuka and Laura Marling at 6 Music Festival (T) (R) Sets from 2021.
12.55 TOTP: 1992 (R) **1.25** TOTP: 1992 (R) **1.55** Country Kings at the BBC (R) **2.55** Harry Belafonte: Live at the BBC

Other channels

BBC Three

7.0pm MasterChef Australia **8.35** The Catch Up **8.40 Becoming ... Nathan Drake** **9.0** Life and Death in the Warehouse **10.0** FILM The Big Sick (2017) **11.55** RuPaul's Drag Race: UK Versus the World **12.55** Gassed Up **1.45** Zen Motoring **1.55** Nail Bar Boys **2.25** Life and Death in the Warehouse **3.30** Split Up in Care: Life Without Siblings

Dave

6.0am Teleshopping **7.10** Sin City Motors **8.0** Timber Kings **9.0** Storage Hunters UK **9.30** Storage Hunters UK **10.0** Eddie Eats America **10.30** Eddie Eats America **11.0** Travel Man: 48 Hours in Dubrovnik **11.30** Travel Man: 48 Hours in Krakow **12.0** Red Bull Soapbox Race **1.0** Fast Justice **2.0** Travel Man: 48 Hours in Bergen **2.30** Travel Man: 48 Hours in Madrid **3.0** Rick Stein's Road to Mexico **4.0** Red Bull Soapbox Race **5.0** Rick Stein's Road to Mexico **6.0** Taskmaster **7.0** Richard Osman's House of Games **7.40** Room 101 **8.20** Would I Lie to You? **9.0** Have I Got a Bit More News for You **10.0** QI **10.40** Mock the Week **11.20** Meet the Richardsons **12.0** Hypothetical **12.40** QI **1.20** Would I Lie to You? **2.0** Live at the Apollo **2.50** This Country **3.20** This Country **4.0** Teleshopping

E4

6.0am Hollyoaks **7.0** Ramsay's Kitchen Nightmares USA **9.0** Married at First Sight Australia **10.30** The Big Bang Theory **11.0** Young Sheldon **12.0** Brooklyn Nine-Nine **1.0** The Big Bang Theory **3.0** Young Sheldon **4.0** Brooklyn Nine-Nine **5.0** The Big Bang Theory **7.0** Hollyoaks **7.30** The Big Bang Theory **8.0** FILM Knight and Day (2010) **10.10** Naked Attraction **12.20** First Dates: Valentine's Special **1.25** Gogglebox **2.25** Naked Attraction **3.20** Below Deck: Mediterranean **4.10** Ramsay's Kitchen Nightmares USA

Film4

11.0am FILM The Court-Martial of Billy Mitchell (1955) **1.10** FILM Santa Fe Passage (1955) **3.0** FILM The Tall T (1957) **4.35** FILM Carry on Nurse (1959) **6.20** FILM The Hunger Games: Mockingjay - Part 2 (2015) **9.0** FILM Red (2010) **11.15** FILM The Cabin in the Woods (2012) **1.05** FILM Shot Caller (2017)

ITV2

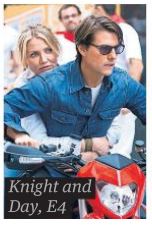
6.0am Dress to Impress **7.0** The Ellen DeGeneres Show **8.0** You've Been Framed! Gold **9.0** Secret Crush **10.0** Dress to Impress **11.0** Love Bites **12.0** Supermarket Sweep **1.0** Tipping Point: Lucky Stars **2.0** Rolling in It **3.0** The Ellen DeGeneres Show **4.0** The Masked Singer US **5.0** You've Been Framed! **6.0** Celebrity Catchphrase **7.0** Superstore **7.30** Superstore **8.0** Bob's Burgers **9.0** FILM 22 Jump Street (2014) **11.15** Family Guy **11.45** Family Guy **12.15** American Dad! **12.40** American Dad! **1.10** Bob's Burgers **2.05** Superstore **2.30** Superstore **2.55** Totally Bonkers Guinness World Records **3.20** Unwind With ITV **3.30** Teleshopping

Sky Max

6.0am Stargate SG-1 **7.0** Stargate SG-1 **8.0** Supergirl **9.0** DC's Legends of Tomorrow **10.0** The Flash **11.0** NCIS: New Orleans **12.0** NCIS: New Orleans **1.0** Hawaii Five-0 **2.0** S.W.A.T **3.0** DC's Legends of Tomorrow **4.0** Arrow **5.0** The Flash **6.0** Stargate SG-1 **7.0** Stargate SG-1 **8.0** A League of Their Own **9.0** Rob & Romesh vs Team GB: Part 1 **10.0 Dating No Filter** **10.30** Brassic **11.30** Brassic **12.30** Fast & Furious' Greatest Moments **1.30** Road Wars **2.0** The Blacklist **3.0** Hawaii Five-0 **4.0** S.W.A.T **5.0** Stop, Search, Seize

Sky Arts

6.0am Darbar Festival 2018 **7.0** Hollywood in Vienna: A Night at the Oscars **9.0** Tales of the Unexpected **9.30** Tales of the Unexpected **10.0** Discovering: Donald Sutherland **11.0** Discovering: Iron Maiden **11.30** Discovering: Muse **12.0** What Was Virginia Woolf Afraid of? **1.0** Tales of the Unexpected **1.30** Tales of the Unexpected **2.0** Discovering: Dirk Bogarde **3.0** The Big Design Challenge **4.0** Hollywood Gossip **5.0** Tales of the Unexpected **5.30** Tales of the Unexpected **6.0** Discovering: Charles Laughton **7.0** Classic Albums: The Wailers - Catch a Fire **8.0** Johnny Cash: Song By Song **8.30** Johnny Cash: Song By Song **9.0** Laura Marling: Live at Union Chapel **10.25** Bob Dylan: The Other Side of the Mirror **12.0** Isle of Wight Festival Greatest Hits **12.30** Isle of Wight Festival Greatest Hits **1.0** Tina Turner: One Last Time - Live at Wembley Stadium **3.0** FILM Tina (2021) **5.05** The Art of Architecture


Knight and Day, E4

Sky Atlantic

6.0am Storm City **8.0** CSI: Crime Scene Investigation **9.0** The Newsroom **10.05** The Sopranos **12.25** Game of Thrones **1.30** Totti: One Captain **3.30** Ray Donovan **5.40** The Sopranos **7.50** Game of Thrones **9.0** I Hate Suzie **11.05** Succession **12.15** True Blood **1.25** True Blood **3.40** In Treatment **4.10** Storm City

Radio

Radio 3

6.30am Breakfast **9.0** Essential Classics **12.0** Composer of the Week: Henriette Bosmans (5/5) **1.0** Lunchtime Concert. From the 2021 Schwetzingen festival, the Brentano Quartet play Schubert's String Quartet No 15 in G, D887. **2.0** Afternoon Concert. Includes Max Bruch's Concerto for Two Pianos and Orchestra with pianists Minsoo Sohn and Jiyeong Mun and the KBS SO. **4.30** The Listening Service (R) **5.0** In Tune **7.0** In Tune Mixtape **7.30** In Concert. Josep Pons conducts the BBC SO in Hans Krasa's Overture for Small Orchestra, Pavel Haas's Study for String Orchestra, Ervin Schulhoff's Symphony No 5 and Viktor Ullmann's Der Kaiser von Atlantis Op 49b, including soloists Thomas Johannes, Derrick Ballard, Oliver Johnston, Robert Murray and Soraya Mafi. **10.0** The Verb **10.45** The Essay: Fashion Stories. Lauren Working considers examples of cavalier style. (5/5) **11.0** Late Junction. A mixtape from Mexican-American composer and producer Debit. **1.0** Piano Flow With Tokio Myers **2.0** Gameplay **3.0** Through the Night

Radio 4

6.0am Today **8.31** (LW) Yesterday in Parliament **9.0** Desert Island Discs (R) **9.45** (LW) Daily Service **9.45** (FM) Death By Conspiracy? What Gary's story reveals about today's world. (10/10) **10.0** Woman's Hour **11.0** The Smugglers' Trail. Sue Mitchell and Rob Lawrie investigate human trafficking. (1/3) **11.30** Ankle Tag (R) **12.0** News **12.01** (LW) Shipping Forecast **12.04** Sea Change (5/10) **12.18** You and Yours **12.57** Weather **1.0** The World at One **1.45** The Museums That Make Us. Museum & Tasglann nan Eilean, Stornoway. (5/20) **2.0** The Archers (R) **2.15** Who Is Aldrich Kemp? Drama, by Julian Simpson. (4/5) **2.45** Helen Lewis: Great Wives (R) **3.0** Gardeners' Question Time **3.45** After Wonderland (R) **4.0** Last Word **4.30** Feedback **5.0** PM **5.54** (LW) Shipping Forecast **5.57** Weather **6.0** News **6.30** The Now Show **7.0** Past Forward: A Century of Sound (R) **7.15** Add to Playlist **8.0** Any Questions? **8.50** A Point of View **9.0** The Museums That Make Us: Omnibus (1/2) **9.59** Weather **10.0** The World Tonight **10.45** Book at Bedtime: Sea Change (R) **11.0** A Good Read (R) **11.30** Today in Parliament **12.0** News and Weather **12.30** Death By Conspiracy? (R) **12.48** Shipping Forecast **1.0** As World Service **5.20** Shipping **5.30** News **5.43** Prayer for the Day **5.45** Lent Talks (R)

Radio 4 Extra

6.0am Hercule Poirot: Death on the Nile (5/5) **6.30** Killing Orders (1/6) **7.0** Welcome to Our Village, Please Invade Carefully (5/6) **7.30** Now You're Asking With Marian Keyes and Tara Flynn (9/10) **8.0** Dad's Army (12/20) **8.30** Second Thoughts (5/6) **9.0** Whispers (6/6) **9.30** Girlies (3/4) **10.0** The French Lieutenant's Woman (2/2) **11.0** Podcast Radio Hour **12.0** Dad's Army (12/20) **12.30** Second Thoughts (5/6) **1.0** Hercule Poirot: Death on the Nile (5/5) **1.30** Killing Orders (1/6) **2.0** The Librarian (10/10) **2.15** The L Shaped Room (10/10) **2.30** Tempus Fugit **3.0** The French Lieutenant's Woman (2/2) **4.0** Whispers (6/6) **4.30** Girlies (3/4) **5.0** Welcome to Our Village, Please Invade Carefully (5/6) **5.30** Now You're Asking With Marian Keyes and Tara Flynn (9/10) **6.0** The Case of Charles Dexter Ward (5/18) **6.15** And Another Thing (5/10) **6.30** And the Academy Award Goes To (1/4) **7.0** Dad's Army (12/20) **7.30** Second Thoughts (5/6) **8.0** Hercule Poirot: Death on the Nile (5/5) **8.30** Killing Orders (1/6) **9.0** Podcast Radio Hour **10.0** Now You're Asking With Marian Keyes and Tara Flynn (9/10) **10.30** Mark Watson's Live Address to the Nation (2/6) **11.0** Radio Shuttleworth (3/5) **11.30** My Teenage Diary (5/6) **12.0** The Case of Charles Dexter Ward (5/18) **12.15** And Another Thing (5/10) **12.30** And the Academy Award Goes To (1/4) **1.0** Hercule Poirot: Death on the Nile (5/5) **1.30** Killing Orders (1/6) **2.0** The Librarian (10/10) **2.15** The L Shaped Room (10/10) **2.30** Tempus Fugit **3.0** The French Lieutenant's Woman (2/2) **4.0** Whispers (6/6) **4.30** Girlies (3/4) **5.0** Welcome to Our Village ... (5/6) **5.30** Now You're Asking With Marian Keyes and Tara Flynn (9/10)

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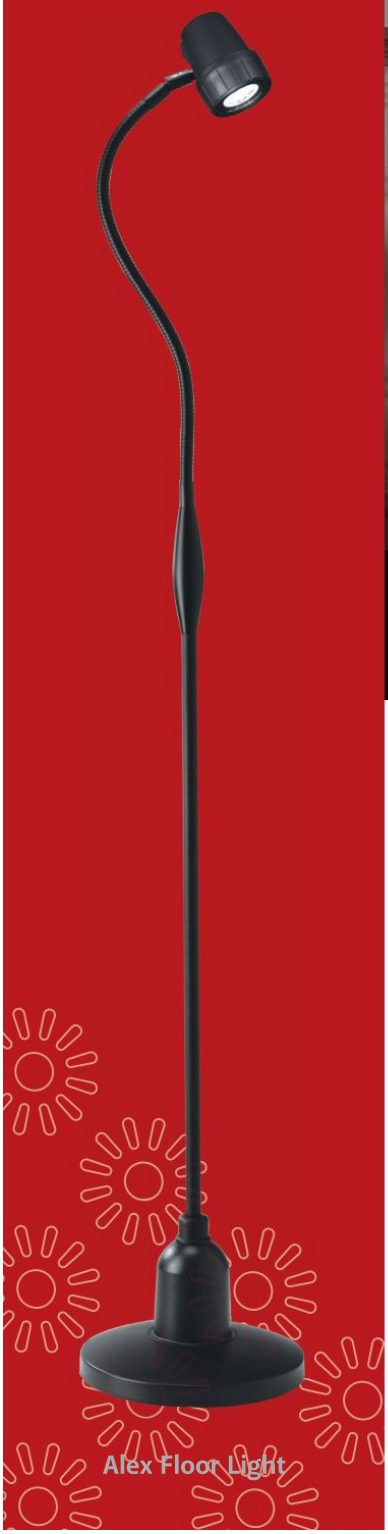

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